

the lowdown's LGBTQ GROUPS



OUT THERE YOUTH GROUP
FOR LGBTQ YOUNG PEOPLE AGED 13-20

OUT THERE PLUS GROUP
FOR LGBTQ PEOPLE AGED 18-25



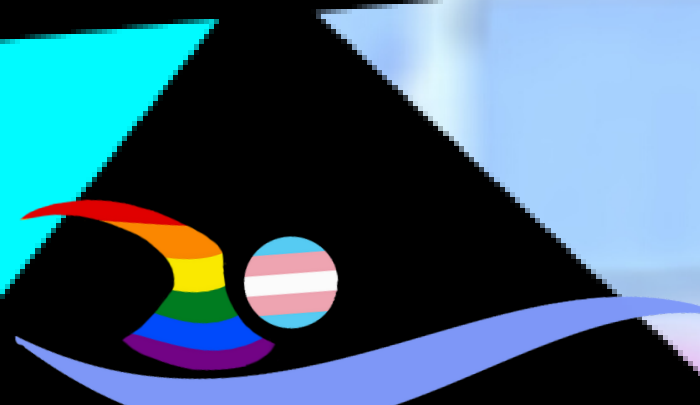
**THE OUT THERE GROUP PARENT AND
CARERS SUPPORT NETWORK**
FIND US ON FACEBOOK



**OUT THERE UNDER 13s MENTORING
AND SUPPORT GROUP**
MONTHLY MEET UP FOR UNDER 13s AND THEIR FAMILIES



OUT THERE FAMILY SWIM
LGBTQ+ FRIENDLY SWIM FOR FAMILIES COMING SOON



OUT THERE PEN PALS
PEN PAL GROUP FOR UNDER 18s



To get involved with any of
these services please call us on 01604 634385 or email
LGBTQSupport@thelowdownnorthampton.co.uk for more information