

NSB Sport

Year 7 Opening Sessions and Trials

Any interested student is welcome to attend any of the sessions listed below:

Thursday 5th

Basketball Trials – After School

3.35 – 5.15pm

Meet at the gymnasium – indoor changing areas

School PE kit and indoor trainers

Mr Elder

Friday 6th

Water Polo – After School

3.35 – 5.00pm in the pool

You must be able to swim at least 100m unaided + without stopping.

Wear appropriate swimming kit, you DO NOT need goggles/swim cap.

Mr Lane

Monday 9th

Cross Country – After School

3.35 – 5.00pm on the grass, meet and change at the old gymnasium.

Trainers, PE t-shirt and shorts.

Mr Taplin

Tuesday 10th

Rugby Trials – After School

3.35 – 5.00pm on the grass

Meet at the outdoor changing rooms at the sports hall

Wear appropriate rugby kit, please wear a gum shield

Mr Beaumont

Wednesday 11th

Football Trials – After School

3.35 – 5.00pm on the 3G

Meet at the outdoor changing rooms at the sports hall

Wear PE kit, shin pads and appropriate footwear (no metal studs)

Mr Melling

Thursday 12th

Rugby Trial 2 – After School

More information to follow at close of trial 1

Friday 13th

Football Trial 2 – After School

More information to follow at close of trial 1

If you are unable to attend any of the above – Do Not Panic
Speak to the teacher in charge and explain the situation.
Information regarding other sports will follow in the days to come.