PSHE KS3 – 4 CURRICULUM OVERVIEW 2026 - 2027

TERM	STRAND AND FOCUS	YEAR 7	STRAND AND FOCUS	YEAR 8	STRAND AND FOCUS	YEAR 9	STRAND AND FOCUS	YEAR 10	STRAND AND FOCUS	YEAR 11
TERM 1	EQUALITIES	The Equalities Act	EQUALITIES	What is intolerance	EQUALITIES	Inequality in everyday life	CAREERS	What type of career is best for me?	FINANCIAL WELLBEING	What makes a business successful?
		Stereotypes		Gender discrimination, homophobia and transphobia		Discrimination in media and sport		What makes an employer good to work for?		What is a financial contract?
		Community Events		Ageism & Ableism with Mis and Disinformation		Discrimination in music, assessment		Main learning pathways		What are Taxes and how do I manage a monthly salary?
		Respect for all by all		Racism and Religious intolerance and assessment		Healthy Relationships – emotional abuse		Taking control of your career		What is a pension and why do I need one?
		How does the law protect people		Equalities Round table – equalities role models		Consent		Assessment and WE Prep		Borrowing money – what is a mortgage?
		Assessment		Equalities role models – ABC		Harassment		WE PREP		Borrowing money – what is credit? what is debt? Assessment
		PD WEEK		PD WEEK		PD WEEK		PD WEEK		PD WEEK
TERM 2	RELATIONSHIPS	Healthy Relationships	RELATIONSHIPS	Healthy Relationships – conflict	RELATIONSHIPS	Peer Pressure and Intimacy	RELATIONSHIPS	Healthy Relationships	CAREERS / RELATIONSHIPS	Post 16 Choices
		Family Relationships		Committed Relationships		Sending images -relationships and online safety		How to talk about Consent		Employability skills and accepting feedback
		Consent		Puberty – how hormones affect us		How pornography can impact relationships 1		How to talk about contraception		Busting BTECs Unifrog college tool A levels v T Levels
		Harassment		Consent		How pornography can impact relationships 1		Harassment		Apprenticeships v Higher education Assessment
		Puberty part 1		Harassment		Relationship Attitudes		Intimate Health and Fertility 1		Healthy Relationships
		Puberty Part 2		Sharing Images		Assessment		Intimate Health and Fertility 2		Consent and Image Sharing
		Assessment		Assessment		Respectful Relationships and power dynamics		Boundaries in relationships and assessment		Tackling Technology and relationships
TERM 3	HEALTH & WELLBEING	How to talk about your feelings and promote positive self-esteem	HEALTH & WELLBEING	Emotional Resilience	HEALTH & WELLBEING	Healthy Lifestyle	HEALTH & WELLBEING	Health Harms	RELATIONSHIPS	TRIAL EXAMS
		The importance of sleep		Physical activity and Mental Health		Health conditions		Caring for your health		Harassment
		How to care for your dental health		Balanced Diet		Body image		Common Mental Health conditions		Harmful Sexual Behaviours
		Online world vs Physical World		Injuries		Resilience and coping strategies		Positive vs Negative coping strategies		Contraception Choices
		Healthy choices		Viruses		How to process change and loss		Self-Screening		STIs and your intimate health
		Personal Hygiene and assessment		Vaccines and assessment		Assessment		Assessment		Menstruation and Menopause

TERM 4	**PERSONAL SAFETY**	Friendships	**PERSONAL SAFETY**	Online Safety	**PERSONAL SAFETY**	Addiction	**PERSONAL SAFETY**	Social Media and AI	**RELATIONSHIPS . HEALTH & WELLBEING**	Difficult conversations in relationships
		Bullying		Social Media and AI		.Drugs and the law		Substance abuse and managing risk		Unplanned Pregnancy
		Online behaviours and harms		How can Chat bots impact relationships?		Vaping		Online Reputation		Medical ethics – and what the law says about your health
		Safety in the community: Water Safety		Alcohol Misuse		Knife crime		Child Criminal Exploitation		Blood and organ donations
		Safety in the community: Road Safety		First Aid		Media Literacy		Assessment		The importance of sleep for learning and performance
TERM 5	**FINANCIAL WELLBEING**	How do you feel about money?	**FINANCIAL WELLBEING**	How do adverts impact my spending?	**CAREERS**	What are my skills?	**EQUALITIES**	Activism and Youth Activism	**PERSONAL SAFETY**	Online Behaviours and Harms
		What should I do? Spend vs save		What are my rights as a consumer?		Taking control of your career journey		Allyship and Climate protest		How safe is AI?
		What is a bank account and why do I need one?		Common scams – how to avoid		Labour Market Information		Anti-Racism and Assessment		What to do in an Emergency
		Our Planet		Vehicle pollution and how we can help		Contacting employers		Equality and community conversation		EXAM LEAVE
		Our grasslands and seas		Waste Food and Recycling		Cvs and cover letters		Assessment		EXAM LEAVE
		Our school environment		Climate Change		Assessment				EXAM LEAVE
TERM 6	**CAREERS**	Who am I?	**CAREERS**	What makes a great communicator - what is success?	**FINANCIAL WELLEBING**	Charity	**FINANCIAL WELLBEING**	Financial risks and harms: Identity theft and fraud		
		What is a career?		STEM careers		Fair trade – does it work?		Financial risks and harms: Online Scams		
		There is a career for everyone		Green careers and the climate		Employment rights and trade unions		Financial Risks and harms: Gambling		
		Unifrog - treasure hunt 1		is AI a threat to our jobs?		Public spending and its impact		Financial Risks and harms: Gambling		
		Dream jobs		Unifrog research lesson		Why do we have a minimum wage?		Insurance		
		Your team skills		Interests and skills		WE PREP		Assessment		
		Unifrog - treasure hunt 2		The challenges and rewards of work		WE PREP		Borrowing Money		