

CAREERS NEWSLETTER

This newsletter aims to support you when thinking about your future and provide you with access to resources that will help you to learn more about different industries and pathways. Please use the links included to read more information. Links are underlined.

SOMETHING TO...

DO

The Number Heroes competition is back for 2026! And this year we're asking: How do people use numbers in your neighbourhood, club or community?



LISTEN TO

This podcast is designed, recorded and published by supported interns and reflects the lived experiences of young people with Special Educational Needs and Disabilities.



READ

This resource is an easy read document designed for young people which answers the question: What are Supported Internships?

Read more here.



WATCH

In this free webinar, we explore supported internships and how they can help young people move into meaningful employment.

Watch here.



SPOTLIGHT ON A...

UNIVERSITY

"At SOAS, our vision for equality, diversity and inclusion is focused on sustaining an environment where all staff and students achieve their full potential through an inclusive culture and community. We are fully committed to enabling a supportive and safe learning and working environment based on mutual respect and trust, and in which harassment and discrimination are neither tolerated nor acceptable."

Learn more here.

EMPLOYER

"We want Thames Water to be a cultural mix of people who can offer different but complementary attitudes, values, talents and knowledge and our Equity, Diversity & Inclusion (E,D&I) networks are crucial to making this happen. They play a vital role in our aim to be a great place to work that's diverse and inclusive. Our DisAbility, Allies, Wellness & Neurodiversity (DAWN) Network supports our colleagues with impairments (disabled, neurodiverse or with a health condition)."

Find out more here.



If you see a word you don't understand, you can use this jargon buster to search and find out what it means. If you can't find the word on there, you can use the internet to research the meaning or speak to a teacher.



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WORD OF THE WEEK

Supported internships

These are a structured, work-based study programme for 16 to 24 year olds with SEND, who have an education, health and care (EHC) plan

A FACT ABOUT EMPLOYMENT



National data suggests around 25% of supported interns find employment within a year of completing the programme. On average, nearly 84% of participants complete their supported internship programmes.

[Source](#)

SUCCESS STORIES

"I thought a supported internship could be my chance to start working," says Ruman, who is 19.

"Independence is important to me, I think it's necessary for the future."

At first, Ruman had some worries, but he found the process of signing up to be easy and straightforward.

He's excited about his internship at the hospital, where he wants to help patients, use computers, and get better at talking to people.

He knows he might make some mistakes at first, but he's confident he'll learn and do well in the hospital and can't wait to try different jobs during his internship.

Read more stories [here](#).

OPPORTUNITY'S CALLING...

On Wednesday 20th May at 9:15am, join TechWeCan Teacher, Anna, for a virtual 25 minute LIVE assembly. Spot the differences between human-created and AI-generated content.



If you feel ready to speak about your future and have any questions or need support to plan your next steps, please contact careers@nsb.northants.sch.uk