

CAREERS NEWSLETTER

This newsletter aims to support you when thinking about your future and provide you with access to resources that will help you to learn more about different industries and pathways. Please use the links included to read more information. Links are underlined.

SOMETHING TO...



DO

Do this quiz to explore your strengths for your confidence, CV and future applications and interviews.

Try it out here.



LISTEN TO

UCAS' podcast focusses on degree apprenticeships. Recent episodes focus on different industries and an interview with the Prime Minister!

Listen here.



READ

Learn about Foundation Apprenticeships and how they can help prepare for further study or a higher-level apprenticeship.

Read more here.



WATCH

Watch this BBC video about artist Kevin Okafor celebrating people with visible differences such as scars and hair loss.

Learn more about becoming an artist here.



SPOTLIGHT ON A...

UNIVERSITY

"At Edinburgh, Student Advisers are the main point of contact of support for all taught students. They support you with your studies, wellbeing or practical matters and can refer you to a Wellbeing Adviser if you need more support.

Wellbeing Advisers can provide you with advice on wellbeing-related issues and recommend other specialist services, such as the Student Counselling Service or our Disability and Learning Support Service."

Find out more here.

EMPLOYER

The Civil Service refers to people who work for the government.

They have their own charity called The Charity for Civil Servants who offer different kinds of support for all civil servants.

This includes; a wellbeing toolkit, money toolkit, mental health resources, legal support and advice and a 24/7 mental health support app called Thrive.

Learn more here.



If you see a word you don't understand, you can use this jargon buster to search and find out what it means. If you can't find the word on there, you can use the internet to research the meaning or speak to a teacher.

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WORD OF THE WEEK

Means tested

A term used when exploring student finance, comprising an assessment made on household income (usually the income of parent (s) and/or guardian (s) in the household) to determine how much financial support a student is entitled to for their loan towards living costs.

A FACT ABOUT EMPLOYMENT

A million jobs in London could be impacted by Artificial Intelligence.

The main jobs affected are those which involve repetitive or automated tasks such as telemarketers, bookkeepers and data entry specialists.

Source

SUCCESS STORIES

John had a passion for working in media but struggled to get a position, losing confidence.

He got a mentor with the Change Project, who helped him build skills and industry-related experience to support his applications.

He then got a place on Set Ready, a training programme for screen production.

John represented young people classed as NEET (Not in Education, Employment and Training) on a BBC Radio 4 interview, facing tough questioning. He remained calm and professional.

He then applied for a BBC film technician apprenticeship and was successful!

[Read more about John's story here](#)

OPPORTUNITY'S CALLING...

Rolls Royce have a range of online employability skills programmes to build your confidence and key skills. These include; Resilience, Time Management and Cultural Awareness.

Choose a skill to build on [here](#).



If you feel ready to speak about your future and have any questions or need support to plan your next steps, please contact careers@nsb.northants.sch.uk