

**Student name and Form:**

**Lessons to be withdrawn from, please indicate:**

**Puberty – how hormones affect us (this lesson focusses on hormonal changes during puberty and how they can impact emotions, including new feelings such as physical attraction).**

**Online safety and relationships (this lesson focusses on protecting yourself online and how to seek help).**

**Reasons for withdrawal from these lessons, please be specific:**

**Signed:**

**Date:**

**Print Name:**