

# PSHE KS3 – 4 CURRICULUM OVERVIEW 2025 - 26

TERM	STRAND AND FOCUS	YEAR 7	STRAND AND FOCUS	YEAR 8	STRAND AND FOCUS	YEAR 9	STRAND AND FOCUS	YEAR 10	STRAND AND FOCUS	YEAR 11
TERM 1	EQUALITIES	Equalities Act	EQUALITIES	What is intolerance/inclusion?	PERSONAL SAFETY	Introduction to addiction	EQUALITIES	Activism	CAREERS	Employability skills & accepting feedback
		Stereotypes and why they can be harmful		Gender Discrimination		Vaping		Allyship		Personal branding and CVs
		Community events		Ageism / Ableism		Drugs and the law		Anti-Racism		Busting BTECs
		'Respect for all, by all'		Homophobia and Transphobia		Knife Crime		Youth Activism		A level choices
		Equality and the law		Racism and Religious intolerance		Online Safety		Climate protest/Assessment		Apprenticeships vs Higher Education
		Review of Equality		Mis and disinformation		PS Assessment		Work experience prep		Is AI a threat to our jobs?
		PD WEEK		PD WEEK		PD WEEK		PD WEEK		PD WEEK
TERM 2	PERSONAL SAFETY	Friendships	PERSONAL SAFETY	What is safety?	EQUALITIES	Everyday microaggressions	LIVING IN THE WIDER WORLD CAREERS	Work experience reflections	FINANCIAL WELLBEING	What are taxes?
		Bullying		What do to in an emergency - CPR		Discrimination in the media		Work experience reflections		How do I manage a monthly salary?
		Cyberbullying		Alcohol misuse		Discrimination in sport		Work experience reflections		Borrowing money – what is credit? what is debt?
		Prejudice		Illegal substances		Discrimination in music		Reflecting on my career journey		Borrowing money – what is credit? what is debt?
		Inclusion		Online Safety		Discrimination in careers		What type of career is best for me		What is a pension and why do I need one?
		Script writing – assessment		Influence of social media and how to stay safe		Discrimination – a case study investigation		Exploring employer profiles		Financial life post 16 – how do I make my financial choice?
		Family & Community		Fake news and media literacy		Review of Equality		What makes an employer good to work for		Financial support
TERM 3	RHE	Healthy Relationships – relationship behaviours	RHE	Healthy Relationships – dealing with conflict	RSHE	Healthy relationships – emotional abuse	RSHE	Healthy Relationships - boundaries	RSHE	TRIAL EXAMS
		Consent		Consent		Consent – freedom and capacity		How to talk about consent		Healthy Relationships
		Harassment		Harassment		Harassment		Communication in intimate relationships		Harassment
		Puberty – changes to our bodies		Puberty – how hormones affect us		Sharing images		How to talk about contraception		Consent – Image Sharing
		Puberty – changes to our bodies		Committed relationships		How does pornography influence relationships?		Pregnancy, miscarriage and menopause		Contraception choices
		Consent – our bodies, our choice – assessment.		Online safety and relationships		Peer Pressure and intimacy		Harassment		STI testing – managing your intimate health

TERM 4	CAREERS	Who am I?	CAREERS	What makes a good communicator? What is success?	FINANCIAL WELLBEING	Charity	HEALTH & WELLBEING	Managing your health – NHS services	EQUALITIES	Unplanned pregnancy
		What is a career? Career terminology		STEM careers		Fair trade – does it work?		Blood and Organ donation		Harms of inequality and Impact of intolerance
		There is a career for everyone		The challenges and rewards of work		Employment rights and trade unions		Self-Screening – Testicular cancer		Extremism
		Unifrog lesson (treasure hunt)		Green careers and the climate		Public spending and its impact		Looking after your MH – Common conditions		Police Case Study
		Dream jobs, Careers and the future		AI – is it a threat to careers?		Why do we have a minimum wage?		How to access MH help		Equality in action – life after school
TERM 5	HEALTH & WELLBEING	Personal hygiene	HEALTH AND WELBEING	Physical activity and your MH	CAREERS	Skills, strengths and interests	FINANCIAL WELLBEING	Financial risks and harms: Identity theft and fraud	ENVIRONMENTAL EDUCATION	Local Environment care
		Balanced Diet		Viruses		Making decisions		Financial risks and harms: Online Scams		National Environment care
		The importance of physical activity		Injuries		Decision making KS4 options		Financial Risks and harms: Gambling		International Environment care
		Sleep and wellbeing		What makes a lifestyle healthy?		Exploring employer profiles		Financial Risks and harms: Gambling		EXAM LEAVE
		Dental Health		How to process change and loss (taking care of your MH)		Cvs and cover letters		Borrowing money		EXAM LEAVE
		Resilience (and assessment).		Self-esteem and promoting wellbeing		Contacting employers		Insurance		EXAM LEAVE
TERM 6	FINANCIAL WELBEING ENVIRONMENTAL EDUCATION	How do you feel about money?	FINANCIAL WELLBEING ENVIRONMENTAL EDUCATION	How do adverts impact my spending?	HEALTH & WELLBEING ENVIRONMENTAL EDUCATION	Resilience and coping strategies	PERSONAL SAFETY/ ENVIRONMENTAL EDUCATION	Vaping		
		What should I do? Spend vs save		What are my rights as a consumer?		Health risks		Substance abuse and managing risk		
		What is a bank account and why do I need one?		Common scams – how to avoid		Body image		Online reputation		
		Our Planet		Climate Change				Water responsibility		
		Our grasslands		Vehicle Pollution		What is sustainability		Responsible tourism		
		Ours Seas		Waste Food and recycling		Moving to sustainable resources		Individual action		
		Our school environment		Nature trail and mindfulness		Role model cities and homes				

