



# NORTHAMPTON SCHOOL FOR BOYS MENU



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAK</b>	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> VEGAN SAUSAGE ROLL- <u>VG</u> SAUSAGE ROLL PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>VG</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> BACON & CHEESE MUFFIN QUORN SAUSAGE MUFFIN PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> PIZZA BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> BACON & CHEESE BAGEL QUORN SAUSAGE BAP- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION
<b>MAIN 1</b>	CHIPOLTLE CHICKEN THIGH & GARLIC HERB WEDGES - <u>H</u>	KOREAN BEEF MEATBALLS & NOODLES	ROAST GAMMON DINNER- <u>GF</u>	ORIENTAL STICKY CHICKEN, RICE AND PIRI SLAW <u>H</u>	BREADED FISH FILLET & CHIPS GF FISH AVAILABLE
<b>MAIN 2</b>	HARISSA QUORN FILLET & GARLIC HERB WEDGES	VEGAN CHINESE STIR FRY- <u>VG</u>	MAC N CHEESE- <u>V</u>	VEGAN MEATBALLS WITH RICE OR PASTA- <u>VG</u>	VEGGIE PIZZA & CHIPS- <u>VG</u>
<b>HOT FOOD TO GO</b>					
<b>TOPPED JACKET POTATOES &amp; PASTA WITH SAUCES SERVED DAILY</b>					
<b>GRAB &amp; GO</b>	SEASONED WEDGES - <u>GF</u>	NACHOS- <u>V, GF</u>	SEASONED WEDGES- <u>GF</u>	NACHOS- <u>GF</u>	CHIPS & BEANS- <u>G/F, VG</u>
<b>GRAB &amp; GO</b>	¼ POUNDER & CHEESE	CHICKEN WRAP- <u>H</u>	BURRITO OF THE DAY	ROAST CHICKEN DINNER YORKSHIRE WRAP- <u>H</u>	CHICKEN BURGER- <u>H</u>
<b>GRAB &amp; GO</b>	SPICY BEAN BURGER - <u>VG</u>	VEGGIE WRAP- <u>V</u>	VEGAN FLATBREAD (VG)	VEGGIE ROAST DINNER YORKSHIRE WRAP- <u>V</u>	VEGETARIAN BURGER- <u>VG</u>
<b>GRAB &amp; GO</b>	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY
<b>BISTRO</b>	SELECTION OF HOT FRESHLY MADE PANINIS, FLATBREADS, TOASTIES AND WRAPS				

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

**GF= GLUTEN FREE**

**H= HALAL**

**V= VEGETARIAN**

**VG= VEGAN**

\*PLEASE NOTE ALL DIETARY REQUIREMENTS CAN BE CATERED FOR, ALLERGENS AVAILABLE, PLEASE SPEAK TO A MEMBER OF THE KITCHEN STAFF



# NORTHAMPTON SCHOOL FOR BOYS MENU



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAK</b>	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> VEGAN SAUSAGE ROLL- <u>VG</u> SAUSAGE ROLL PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>VG</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> BACON & CHEESE MUFFIN QUORN SAUSAGE MUFFIN PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> PIZZA BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> BACON & CHEESE BAGEL QUORN SAUSAGE BAP- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION
<b>MAIN 1</b>	BBQ CHICKEN MAC N CHEESE- <u>H</u>	SALMON FISHCAKES WITH LEMON HERB POTATOES	ROAST CHICKEN DINNER- <u>H</u>	BEEF LASAGNE & GARLIC BREAD	BREADED FISH FILLET & CHIPS GF FISH AVAILABLE
<b>MAIN 2</b>	VEGAN 5 BEAN CHILLI & RICE- <u>VG, GF</u>	MUSHROOM STROGANOFF & RICE- <u>V</u>	QUORN ROAST DINNER- <u>V, GF,</u>	THAI GREEN QUORN CURRY AND RICE- <u>V, GF</u>	VEGAN SAUSAGE ROLL & CHIPS- <u>VG,</u>
<b>HOT FOOD TO GO</b>	<b>TOPPED JACKET POTATOES &amp; PASTA WITH SAUCES SERVED DAILY</b>				
<b>GRAB &amp; GO</b>	SEASONED WEDGES - <u>GF</u>	NACHOS- <u>V, GF</u>	SEASONED WEDGES- <u>GF</u>	NACHOS- <u>GF</u>	CHIPS & BEANS- <u>G/F, VG</u>
<b>GRAB &amp; GO</b>	¼ POUNDER & CHEESE	CHICKEN WRAP- <u>H</u>	BURRITO OF THE DAY	ROAST CHICKEN DINNER YORKSHIRE WRAP- <u>H</u>	CHICKEN BURGER- <u>H</u>
<b>GRAB &amp; GO</b>	SPICY BEAN BURGER - <u>VG</u>	VEGGIE WRAP- <u>V</u>	VEGAN FLATBREAD (VG)	VEGGIE ROAST DINNER YORKSHIRE WRAP- <u>V</u>	VEGETARIAN BURGER- <u>VG</u>
<b>GRAB &amp; GO</b>	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY
<b>BISTRO</b>	SELECTION OF HOT FRESHLY MADE PANINIS, FLATBREADS, TOASTIES AND WRAPS				

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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# NORTHAMPTON SCHOOL FOR BOYS MENU



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAK</b>	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> VEGAN SAUSAGE ROLL- <u>VG</u> SAUSAGE ROLL PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>VG</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> BACON & CHEESE MUFFIN QUORN SAUSAGE MUFFIN- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> PIZZA BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> ½ PIZZA BAGUETTE- <u>V</u> PRETZEL- <u>VG</u> BACON & CHEESE BAGEL QUORN SAUSAGE BAP- <u>V</u> PANINI SELECTION	CHICKEN WINGS- <u>H</u> AMERICAN PANCAKES- <u>V</u> BELGIAN WAFFLE- <u>V</u> PRETZEL- <u>VG</u> CHEESE BAGEL- <u>V</u> BACON BAGUETTE QUORN DOG- <u>V</u> PANINI SELECTION
<b>MAIN 1</b>	CHICKEN KORMA & RICE- <u>GF, H</u>	COTTAGE PIE- <u>GF</u>	ROAST PORK DINNER- <u>GF</u>	CUMBERLAND PORK OR CHICKEN (-H) SAUSAGE & MASH	BREADED FISH FILLET & CHIPS GF FISH AVAILABLE
<b>MAIN 2</b>	MALAYSIAN JACKFRUIT CURRY & RICE- <u>VG,GF</u>	ORIENTAL VEGGIE SPRING ROLL & SWEET CHILLI STICKY RICE- <u>VG</u>	CAULIFLOWER & BROCCOLI CHEESE- <u>V</u>	VEGGIE SAUSAGE & MASH- <u>V</u>	CHEESY OMLETTE & CHIPS- <u>V</u>

## HOT FOOD TO GO

## TOPPED JACKET POTATOES & PASTA WITH SAUCES SERVED DAILY

<b>GRAB &amp; GO</b>	SEASONED WEDGES - <u>GF</u>	NACHOS- <u>V, GF</u>	SEASONED WEDGES- <u>GF</u>	NACHOS- <u>GF</u>	CHIPS & BEANS- <u>G/F, VG</u>
<b>GRAB &amp; GO</b>	¼ POUNDER & CHEESE	CHICKEN WRAP- <u>H</u>	BURRITO OF THE DAY	ROAST CHICKEN DINNER YORKSHIRE WRAP- <u>H</u>	CHICKEN BURGER- <u>H</u>
<b>GRAB &amp; GO</b>	SPICY BEAN BURGER - <u>VG</u>	VEGGIE WRAP- <u>V</u>	VEGAN FLATBREAD (VG)	VEGGIE ROAST DINNER YORKSHIRE WRAP- <u>V</u>	VEGETARIAN BURGER- <u>VG</u>
<b>GRAB &amp; GO</b>	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY	FRESHLY BAKED PIZZA OF THE DAY

## BISTRO

SELECTION OF HOT FRESHLY MADE PANINIS, FLATBREADS, TOASTIES AND WRAPS

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