NSB SCHOOL MENU

- Break
- Main
- Hot food to Go - Grab and Go
- Bistro

BREAK MENU

Week 3

MON	TUE	WED	THUR	FRI
CHICKEN WINGS-H-GF	CHICKEN WINGS- H-GF	CHICKEN WINGS- H-GF	CHICKEN WINGS- H-GF	CHICKEN WINGS- H-GF
AMERICAN PANCAKES- V	AMERICAN PANCAKES- V	AMERICAN PANCAKES- V	AMERICAN PANCAKES- V	AMERICAN PANCAKES- V
PRETZEL- VG	½ PIZZA BAGUETTE- V	PRETZEL- VG	½ PIZZA BAGUETTE- V	PRETZEL- VG
CHEESE BAGEL- V	PRETZEL- VG	PIZZA BAGEL- V	PRETZEL-VG	PIZZA BAGEL- V
VEGAN SAUSAGE ROLL- VG	BACON & CHEESE MUFFIN	BACON BAGUETTE	BACON & CHEESE BAGEL	BACON BAGUETTE
SAUSAGE ROLL	EGG & CHEESE MUFFIN-V	QUORN DOG- V	HASH BROWN & CHEESE	QUORN DOG- V
PANINI SELECTION	PANINI SELECTION	PANINI SELECTION	BAGEL-V	PANINI SELECTION
			PANINI SELECTION	

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

GF= GLUTEN FREE H= HALAL V= VEGETARIAN VG= VEGAN

*PLEASE NOTE ALL DIETARY REQUIREMENTS CAN BE CATERED FOR, ALLERGENS AVAILABLE, PLEASE SPEAK TO A MEMBER OF THE KITCHEN STAFF

MAIN MENU

Week 3

MON	TUE	WED	THUR	FRI
MAIN 1	**MAIN 1**	**MAIN 1**	**MAIN 1**	**MAIN 1**
TERIYAKI SALMON NOODLES & STIR FRY VEGETABLES	BEEF BOLOGNAISE PASTA-H	BEEF PASTY, ROAST POTATOES & VEGETABLES	CHICKEN CURRY & RICE-H	BREADED FISH FILLET & CHIPS GF FISH AVAILABLE
MAIN 2	**MAIN 2**	**MAIN 2**	**MAIN 2**	**MAIN 2**
SWEET CHILLI VEGETABLE STIR FRY & RICE NOODLES – VG,GF	VEGAN BOLOGNAISE PASTA-V-VG	CHEESE & ONION PASTY, ROAST POTATOES & VEGETABLES-V	VEGGIE CURRY & RICE-V	QUORN NUGGETS & CHIPS OR VEGGIE PIZZA & CHIPS-V

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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HOT TO GO / GRAB AND GO MENU

Week 3

MON	TUE	WED	THUR	FRI
TOPPED JACKET POTATOES PASTA WITH SAUCES SEASONED WEDGES - GF ¼ POUNDER & CHEESE SPICY BEAN BURGER - VG FRESHLY BAKED PIZZA OF THE DAY	TOPPED JACKET POTATOES PASTA WITH SAUCES NACHOS- V, GF BURRITO OR NOODLE POT VEGGIE BURRITO-V FRESHLY BAKED PIZZA OF THE DAY	TOPPED JACKET POTATOES PASTA WITH SAUCES SEASONED WEDGES- GF CHICKEN WRAP- H VEGAN NUGGET WRAP- V-VG FRESHLY BAKED PIZZA OF THE DAY	TOPPED JACKET POTATOES PASTA WITH SAUCES NACHOS- GF ROAST IN A YORKSHIRE WRAP OR JUMBO HOTDOG ROAST DINNER YORKSHIRE WRAP OR QUORN HOTDOG-V PIZZA OF THE DAY	TOPPED JACKET POTATOES PASTA WITH SAUCES CHIPS & BEANS- V-GF, CHICKEN BURGER-H

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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