

NSB SCHOOL MENU

Break

Main

**Hot food to Go -
Grab and Go**

Bistro

BREAK MENU

Week 3

MON

CHICKEN WINGS-H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- V
PRETZEL- VG
CHEESE BAGEL- V
VEGAN SAUSAGE ROLL- VG
SAUSAGE ROLL
PANINI SELECTION

TUE

CHICKEN WINGS- H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- VG
½ PIZZA BAGUETTE- V
PRETZEL- VG
BACON & CHEESE MUFFIN
EGG & CHEESE MUFFIN-V
PANINI SELECTION

WED

CHICKEN WINGS- H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- V
PRETZEL- VG
PIZZA BAGEL- V
BACON BAGUETTE
QUORN DOG- V
PANINI SELECTION

THUR

CHICKEN WINGS- H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- V
½ PIZZA BAGUETTE- V
PRETZEL-VG
BACON & CHEESE BAGEL
HASH BROWN & CHEESE
BAGEL-V
PANINI SELECTION

FRI

CHICKEN WINGS- H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- V
PRETZEL- VG
CHEESE BAGEL- V
BACON BAGUETTE
QUORN DOG- V
PANINI SELECTION

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

GF= GLUTEN FREE

H= HALAL

V= VEGETARIAN

VG= VEGAN

*PLEASE NOTE ALL DIETARY REQUIREMENTS CAN BE CATERED FOR, ALLERGENS AVAILABLE, PLEASE SPEAK TO A MEMBER OF THE KITCHEN STAFF

MAIN MENU

Week 3

MON

MAIN 1

TERIYAKI SALMON
NOODLES & STIR FRY
VEGETABLES

MAIN 2

SWEET CHILLI VEGETABLE
STIR FRY & RICE NOODLES
- VG,GF

TUE

MAIN 1

BBQ CHICKEN MACARONI
& CHEESE

MAIN 2

MACARONI CHEESE-V

WED

MAIN 1

BEEF PASTY, ROASTED
NEW POTATOES &
VEGETABLES

MAIN 2

CHEESE & ONION PASTY,
ROASTED NEW POTATOES
& VEGETABLES -V

THUR

MAIN 1

SPICY BEEF TACOS,
MEXICAN RICE & TOMATO
SALSA

MAIN 2

SPICY QUORN TACOS,
MEXICAN RICE & TOMATO
SALSA -V

FRI

MAIN 1

BREADED FISH FILLET &
CHIPS
GF FISH AVAILABLE

MAIN 2

QUORN NUGGETS & CHIPS
OR
VEGGIE PIZZA & CHIPS-V

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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HOT TO GO / GRAB AND GO MENU

Week 3

MON

TOPPED JACKET POTATOES
PASTA WITH SAUCES
SEASONED WEDGES - GF
¼ POUNDER & CHEESE
SPICY BEAN BURGER - VG
FRESHLY BAKED
PIZZA OF THE DAY

TUE

TOPPED JACKET POTATOES
PASTA WITH SAUCES
NACHOS- V, GF
CHICKEN WRAP- H
VEGGIE WRAP- V
FRESHLY BAKED
PIZZA OF THE DAY

WED

TOPPED JACKET POTATOES
PASTA WITH SAUCES
SEASONED WEDGES- GF
RICE/NOODLE POT
VEGGIE FLATBREAD -V
FRESHLY BAKED
PIZZA OF THE DAY

THUR

TOPPED JACKET POTATOES
PASTA WITH SAUCES
NACHOS- GF
LOADED WEDGES
LOADED WEDGES-V
FRESHLY BAKED
PIZZA OF THE DAY

FRI

TOPPED JACKET POTATOES
PASTA WITH SAUCES
CHIPS & BEANS- G/F, VG
CHICKEN BURGER-H
VEGETARIAN BURGER- V
FRESHLY BAKED
PIZZA OF THE DAY

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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