

# NSB SCHOOL MENU

**Break**

**Main**

**Hot food to Go -  
Grab and Go**

**Bistro**

# BREAK MENU

Week 2

**MON**

CHICKEN WINGS-H  
AMERICAN PANCAKES- V  
BELGIAN WAFFLE- V  
PRETZEL- VG  
CHEESE BAGEL- V  
VEGAN SAUSAGE ROLL- VG  
SAUSAGE ROLL  
PANINI SELECTION

**TUE**

CHICKEN WINGS- H  
AMERICAN PANCAKES- V  
BELGIAN WAFFLE- VG  
½ PIZZA BAGUETTE- V  
PRETZEL- VG  
BACON & CHEESE MUFFIN  
EGG & CHEESE MUFFIN-V  
PANINI SELECTION

**WED**

CHICKEN WINGS- H  
AMERICAN PANCAKES- V  
BELGIAN WAFFLE- V  
PRETZEL- VG  
CHEEZEE BAGEL- V  
BACON BAGUETTE  
QUORN DOG- V  
PANINI SELECTION

**THUR**

CHICKEN WINGS- H  
AMERICAN PANCAKES- V  
BELGIAN WAFFLE- V  
½ PIZZA BAGUETTE- V  
PRETZEL-VG  
BACON & CHEESE BAGEL  
HASH BROWN & CHEESE  
BAGEL-V  
PANINI SELECTION

**FRI**

CHICKEN WINGS- H  
AMERICAN PANCAKES- V  
BELGIAN WAFFLE- V  
PRETZEL- VG  
CHEESE BAGEL- V  
BACON BAGUETTE  
QUORN DOG- V  
PANINI SELECTION

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

GF= GLUTEN FREE

H= HALAL

V= VEGETARIAN

VG= VEGAN

\*PLEASE NOTE ALL DIETARY REQUIREMENTS CAN BE CATERED FOR, ALLERGENS AVAILABLE, PLEASE SPEAK TO A MEMBER OF THE KITCHEN STAFF

# MAIN MENU

Week 2

**MON**

**MAIN 1**

BEEF MEATBALLS WITH  
STIR FRY VEGETABLES &  
NOODLES-H

**MAIN 2**

VEGAN MEATBALLS WITH  
STIR FRY VEGETABLES &  
NOODLES-VG

**TUE**

**MAIN 1**

BEEF LASAGNE

**MAIN 2**

VEGETABLE LASAGNE-V

**WED**

**MAIN 1**

CREAMY PESTO CHICKEN  
PASTA & GARLIC BREAD-H

**MAIN 2**

CHEESE & TOMATO  
FLATBREAD PIZZA & SALAD-  
V

**THUR**

**MAIN 1**

SWEET & SOUR CHICKEN &  
RICE-H

**MAIN 2**

QUORN THAI GREEN  
CURRY & RICE-V

**FRI**

**MAIN 1**

BREADED FISH FILLET &  
CHIPS  
GF FISH AVAILABLE

**MAIN 2**

QUORN NUGGETS & CHIPS  
OR  
VEGGIE PIZZA & CHIPS-V

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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# HOT TO GO / GRAB AND GO MENU

Week 2

**MON**

TOPPED JACKET POTATOES  
PASTA WITH SAUCES  
SEASONED WEDGES - GF  
¼ POUNDER & CHEESE  
SPICY BEAN BURGER - VG  
FRESHLY BAKED  
PIZZA OF THE DAY

**TUE**

TOPPED JACKET POTATOES  
PASTA WITH SAUCES  
NACHOS- V, GF  
CHICKEN WRAP- H  
VEGGIE WRAP- V  
FRESHLY BAKED  
PIZZA OF THE DAY

**WED**

TOPPED JACKET POTATOES  
PASTA WITH SAUCES  
SEASONED WEDGES- GF  
RICE/NOODLE POT  
VEGGIE FLATBREAD -V  
FRESHLY BAKED  
PIZZA OF THE DAY

**THUR**

TOPPED JACKET POTATOES  
PASTA WITH SAUCES  
NACHOS- GF  
LOADED WEDGES  
LOADED WEDGES-V  
FRESHLY BAKED  
PIZZA OF THE DAY

**FRI**

TOPPED JACKET POTATOES  
PASTA WITH SAUCES  
CHIPS & BEANS- G/F, VG  
CHICKEN BURGER-H  
VEGETARIAN BURGER- V  
FRESHLY BAKED  
PIZZA OF THE DAY

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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