

NSB SCHOOL MENU

-  **Break**
-  **Main**
-  **Hot food to Go -
Grab and Go**
-  **Bistro**

BREAK MENU

Week 2

MON

CHICKEN WINGS-H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- V
PRETZEL- VG
CHEESE BAGEL- V
VEGAN SAUSAGE ROLL- VG
SAUSAGE ROLL
PANINI SELECTION

TUE

CHICKEN WINGS- H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- VG
½ PIZZA BAGUETTE- V
PRETZEL- VG
BACON & CHEESE MUFFIN
EGG & CHEESE MUFFIN-V
PANINI SELECTION

WED

CHICKEN WINGS- H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- V
PRETZEL- VG
PIZZA BAGEL- V
BACON BAGUETTE
QUORN DOG- V
PANINI SELECTION

THUR

CHICKEN WINGS- H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- V
½ PIZZA BAGUETTE- V
PRETZEL-VG
BACON & CHEESE BAGEL
HASH BROWN & CHEESE
BAGEL-V
PANINI SELECTION

FRI

CHICKEN WINGS- H
AMERICAN PANCAKES- V
BELGIAN WAFFLE- V
PRETZEL- VG
CHEESE BAGEL- V
BACON BAGUETTE
QUORN DOG- V
PANINI SELECTION

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

GF= GLUTEN FREE

H= HALAL

V= VEGETARIAN

VG= VEGAN

*PLEASE NOTE ALL DIETARY REQUIREMENTS CAN BE CATERED FOR, ALLERGENS AVAILABLE, PLEASE SPEAK TO A MEMBER OF THE KITCHEN STAFF

MAIN MENU

Week 2

MON	TUE	WED	THUR	FRI
MAIN 1	MAIN 1	MAIN 1	MAIN 1	MAIN 1
ORIENTAL PORK NOODLES WITH VEGETABLE STIR FRY	BEEF LASAGNE WITH GARLIC BREAD	BBQ CHICKEN, ROASTED NEW POTATOES & VEGETABLES -H	CHICKEN KORMA & RICE- H,GF	BREADED FISH FILLET & CHIPS GF FISH AVAILABLE
MAIN 2	MAIN 2	MAIN 2	MAIN 2	MAIN 2
TORTELLINI IN A TOMATO SAUCE & MIXED SALAD -V	VEGGIE LASAGNE WITH GARLIC BREAD -V	BBQ QUORN , ROASTED NEW POTATOES & VEGETABLES -V	QUORN THAI GREEN CURRY & RICE -V	QUORN NUGGETS & CHIPS OR VEGGIE PIZZA & CHIPS-V

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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HOT TO GO / GRAB AND GO MENU

Week 2

MON

TOPPED JACKET POTATOES
PASTA WITH SAUCES
SEASONED WEDGES - GF
¼ POUNDER & CHEESE
SPICY BEAN BURGER - VG
FRESHLY BAKED
PIZZA OF THE DAY

TUE

TOPPED JACKET POTATOES
PASTA WITH SAUCES
NACHOS- V, GF
CHICKEN WRAP- H
VEGGIE WRAP- V
FRESHLY BAKED
PIZZA OF THE DAY

WED

TOPPED JACKET POTATOES
PASTA WITH SAUCES
SEASONED WEDGES- GF
RICE/NOODLE POT
VEGGIE FLATBREAD -V
FRESHLY BAKED
PIZZA OF THE DAY

THUR

TOPPED JACKET POTATOES
PASTA WITH SAUCES
NACHOS- GF
LOADED WEDGES
LOADED WEDGES-V
FRESHLY BAKED
PIZZA OF THE DAY

FRI

TOPPED JACKET POTATOES
PASTA WITH SAUCES
CHIPS & BEANS- G/F, VG
CHICKEN BURGER-H
VEGETARIAN BURGER- V
FRESHLY BAKED
PIZZA OF THE DAY

FRESH FRUIT, MILK, YOGHURTS, SALAD BAR, SANDWICHES AND WRAPS ALL AVAILABLE DAILY INCLUDING GLUTEN FREE & VEGAN. NOTE: CHANGES MAY OCCUR DUE TO SUPPLIER ISSUES.

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