

Year 7 Sport - Opening Sessions and Trials

Any interested student is welcome to attend the opening sessions listed below:

Week 1 = Tuesday 6th – Friday 9th

Tuesday 6th	Football – East Wing Trial	After School
	3.35 – 5.00pm on the 3G	
	Meet at the outdoor changing rooms at the sports hall	
	Wear PE kit, shin pads and appropriate footwear (no metal studs)	
	Mr Melling	

Wednesday 7th	Rugby - Training	After School
	3.35 – 5.00pm	
	Meet at the outdoor changing rooms at the sports hall	
	Wear appropriate rugby kit, moulded studs and a gum shield	
	Mr Pateman	

Thursday 8th	Football – West Wing Trial	After School
	3.35 – 5.00pm on the 3G	
	Meet at the outdoor changing rooms at the sports hall	
	Wear PE kit, shin pads and appropriate footwear (no metal studs)	
	Mr Melling	

Friday 9th	Water Polo – East Wing Trial	After School
	3.35 – 5.00pm in the pool	
	You must be able to swim at least 100m unaided + without stopping.	
	Wear appropriate swimming kit, you DO NOT need goggles/swim cap.	
	Mr Lane	

Cross Country Club:

The club is open to any students who want to attend and there is no trial system. The club runs every week until Easter and takes place on Wednesday lunchtimes 1:10 – 1:45 and Monday after school 3:35 – 4:45. The first session of the year is on Wednesday lunchtime of week 1. Meet and change at the Old Gymnasium, wear PE kit and trainers.

If you are unable to attend any of the above – Do Not Panic

Come to PE at anytime, speak to the teacher in charge, explain the situation and we will work something out to support you.

Year 7 Sport - Opening Sessions and Trials

Any interested student is welcome to attend the opening sessions listed below:

Week 2 = Monday 12th – Friday 16th

Tuesday 13th

Basketball – West Wing

After School

3.35 – 5.15pm at the Old Gymnasium

Meet at the sports hall – indoor changing areas

School PE kit and indoor trainers

Mr Elder

Thursday 15th

Basketball – East Wing

After School

3.35 – 5.15pm at the Sports Hall

Meet at the sports hall – indoor changing areas

School PE kit and indoor trainers

Mr Elder

Friday 16th

Water Polo – West Wing Trial After School

3.35 – 5.00pm in the pool

You must be able to swim at least 100m unaided + without stopping.

Wear appropriate swimming kit, you DO NOT need goggles/swim cap.

Mr Lane

Cross Country Club:

Monday after school 3:35 – 4:45 and Wednesday lunchtime 1:10 – 1:45.

Meet and change at the Old Gymnasium, wear PE kit and trainers.

Football & Rugby:

Students will be told at the end of the week 1 sessions when follow up clubs will run. These may start in week 2, but will not affect the trials above.

Other Sports:

Lots of other clubs in different sports will start happening as the weeks pass.

Watch for messages in your registration periods each morning.

If you are unable to attend any of the above – Do Not Panic

Come to PE at anytime, speak to the teacher in charge,
explain the situation and we will work something out to support you.
