

NSB Sports Days 2021

5th July 2021

Dear Parent / Guardian

The current National situation will prevent the school from running a whole school Sports Day in its traditional format this year. Despite this, we see it as important that the students receive some form of positive, active and engaging Inter-House event to draw the year to a close. To this end, it is our intention to organise individual year group Sports Days, on different days, throughout the week beginning 12th July.

These events will be on a smaller scale than the traditional Sports Day, but the ethos of inclusion, support and competition will remain the same. To this end it is expected that every student in Years 7 – 10 will participate to one degree or another during their event.

Below is the schedule for year group events and important information that parents should be aware of:

Monday 12 th July	Year 10	8:45 – 11:35am, Periods 1-3 inclusive
Tuesday 13 th July	Year 8	8:45 – 11:35am, Periods 1-3 inclusive
Wednesday 14 th July	Year 9	8:45 – 11:35am, Periods 1-3 inclusive
Thursday 15 th July	Year 7	8:45 – 11:35am, Periods 1-3 inclusive
Friday 16 th July	Year 12	10:30 – 1:15pm, Periods 3-5 inclusive

- Students must come to school in their uniform and register as normal from 8.35am.
- Students must bring all books and equipment for a normal school day, so they are able to attend lessons as normal if the event is cancelled due to inclement weather.
- Once they have registered with their Form Tutor the students will come to the Sports Hall to change. They are asked to bring their full PE kit, though they are encouraged to wear their House t-shirt if they own one.
- Game events will run in a 90 minute block 9.00 – 10.30am and all students will have been added to a team for one of the game activities by their Form Tutor.
- A limited track programme interspersed with Tug of War will follow between 10:30 – 11:15 and this will culminate in the traditional House 4 x100m relay race.
- Results and presentations will follow before the students change back into uniform and return to lessons for period 4, as normal at 11:35am.
- There will be no break time for your son's year group on their Sports Day, though the full lunch service will operate as normal and at the usual time.

It is important that parents and students are aware of the amended timings that affect their schooling on their Sports Day.

Additionally, though the events are shorter than normal, the students will spend 2.5 hours outside in the elements on this day and as should consider the following:

- It is recommended that students bring a small drawstring bag, in which they should carry sun cream, a hat, water, a long sleeve top and if they are particularly susceptible to sunburn a pair of tracksuit bottoms. It is absolutely vital that students take **appropriate independent care** to avoid over-exposure to the sun on the day. They will be reminded to apply sun cream throughout the morning, to drink water at regular intervals and to cover up if they feel themselves starting to burn.
- First aid will be provided on the day for any students who are injured. If any student feels they are suffering from the heat they will be encouraged to report to first aid, sooner rather than later.
- Given normal Summer weather patterns, students are also advised to bring a light waterproof in case of showers. The school tracksuit top would be ideal in this respect. Students are reminded 'hoodies' are not permitted.
- All valuables and personal belongings will be locked in the changing rooms at 8.45am. Students must make sure they have everything they need for their event when they leave the changing rooms, this includes personal items as suggested above and their inhaler if they are asthmatic.

It is my intention to make Sports Day as inclusive as possible for all the students in the school. Every boy in Years 7-10 will be entered for activities on their day. The theme is 'participation for all' and every student's contribution will be valued. If any students are unable to participate on the day, through illness or injury, they will be asked to report to me at the start of events and I will allocate them supporting roles to keep them engaged and help them feel involved.

Due to safeguarding and Covid guidelines, parents are unfortunately not permitted to attend / spectate on the day.

Please also be aware that if any year group is affected by enforced self-isolations, it would be our intention to offer some form of Inter-House activity for the students remaining in school on that day. Students must not assume that Sports Day will be cancelled for their year group if a proportion of their peers are not in school.

Please also be reassured that there will be stringent adherence to relevant health and safety requirements and National Governing Body Covid protocols during each of the Sports Day events. Including the sanitisation of changing spaces, equipment and hands. Be aware that under current guidelines we are not permitted to lend items of clothing or footwear to students who forget their kit on the day.

If, as a parent you have any queries or concerns relating to the information contained herein, please contact me at the school.

Yours sincerely

Mr J. Wilcock
Director of Sport