

27 September 2019

Dear Parent/Guardian

Re: Y8 Residential Trip to Norfolk Lakes – 21-25 October 2019

It is only a few weeks away before the Year 8 students leave for their annual entitlement trip to the Norfolk Lakes. All payments for the residential trip should now have been made, as the deadline was **Friday 19 July 2019**. If you still have an outstanding balance and are unsure of the amount to pay, then please contact Mrs Shaw in the Finance Office, who will be happy to assist.

I now have pleasure in supplying you with final details below.

I will be holding a brief meeting on **Wednesday 9 October in the theatre in The Cripps Hall from 6.30pm until 7.30pm** if you wish to attend. If you have any issues you wish to discuss with me in person regarding the Year 8 Residential Trip I will be available afterwards until 8.00pm. This meeting is not compulsory and all final details information is included in this letter.

Outward Journey

Students should arrive at school between 10.30am and 10.50am on the day of departure, Training Day (Mon 21 Oct) and make their way, with their luggage, to the Old Gym. With approximately 200 students attending the trip, it will be very busy and we need to make sure there is as little disruption as possible. Parent/Guardian's, can I please ask that you **do not** accompany your child into school. I would like to thank you in advance for your cooperation in this matter.

Depart NSB on Monday 21 October 11.00am.

Arrive at Norfolk Lakes at 2.30pm approx.

(The coach will make a short stop on route for refreshments and a toilet break.)

Return Journey

Depart Norfolk Lakes Friday 25 October at 1.30pm approx.

Arrive NSB at 4.30pm approx.

Itinerary for the Week

Various activities to include the following: -

Kayaking, Sailing, Archery, Canoeing, Paddle-Boarding, Raft Building, Caving, Challenge Course, High Ropes and Climbing to name but a few.

Kit List – Clothing for Activities

Student clothing is likely to suffer wear and tear and will also get dirty & wet during the activities, therefore, they should bring several changes of old clothes for the week. Jeans are **NOT** suitable for activities as they get heavy and cold when wet and do not dry out quickly. We will have the use of a drying room. Please ensure that ALL items of clothing are named as students will be responsible for their own belongings. It may be useful to provide them with a list of items packed as lost property is hard to track down after a visit, especially with the amount of pupils involved on the residential.

- Suitable nightwear.
- Underwear – enough for each day plus spares (please note, for many activities socks will need to cover ankles).
- Trousers/tracksuit bottoms (not jeans).
- Shorts.
- Trainers for activities in the day.
- Trainers/shoes for watersports activities.
- Trainers/shoes for evening.
- T-Shirts (**1 long sleeved**).
- Waterproof jacket/Kagool (and trousers if you have them).
- Warm Jacket.
- Fleece/Jumpers/Sweatshirts.
- 1 or 2 sets of clothes for evening
- 2 Towels (1 for showering and 1 for activities).
- Plastic drinks bottle.
- Small rucksack/bag
- Black bin bags, named, for dirty clothing.
- Wash bag (shower gel, shampoo, toothpaste & toothbrush, hairbrush/comb)
- Swimwear
- **SLEEPING BAG & PILLOW (BOTH NAMED)**
- Pen, Pencil, Paper
- Watch/Alarm Clock
- Torch/Batteries

Please note that luggage space on coaches is limited, therefore, 1 hold-all type bag per student (no super large suitcases) will be allowed. A small rucksack type bag for on board the coach is also permitted.

DO NOT BRING

THIS IS A MOBILE PHONE/ELECTRONIC GAME FREE TRIP!

Please also do not bring expensive jewellery, as this will not be covered on either our or Norfolk Lakes insurance policies. Neither the School nor the Centre will take any responsibility for such. Please contact Miss C Alderson at school if you wish to discuss this further.

Spending Money

Students will not need any spending money at the Centre, however, we may be stopping at a Service Station for a comfort break on the outbound journey so they may wish to bring a small amount of cash with them if they wish to purchase any food/sweets. **No hot food is to be taken on the coaches.**

Medication

Students taking medication will be contacted and told which member of staff to report to before boarding the coaches. Please remember to label medication before giving it to the member of staff.

If, since completing the Medical/Consent form, circumstances have changed, please complete the reply slip and return it so that we can update our information.

Emergency Contact Details

Norfolk Lakes
Quarry Lane
Lyng
Norfolk
NR9 5RS

School Contact: Mr M Kneeshaw – 01604 230240 (school hours)
07743 670781 (**Emergency contact - out of school hours only**)

Please only contact in the event of an emergency and not for travel information. The school will contact you if the need arises.

Please note that the payment plan indicates that the outstanding balance should have been paid in full by Friday 19 July. If this is not the case, please ensure that any outstanding monies are paid by return, failure to do this may result in your child being withdrawn from the trip.

I hope your son has an enjoyable week.

Mrs T O'Neill
Residential Trip Coordinator

Reply Slip to Form Tutors

I/We* acknowledge receipt of the Year 8 Residential Information Final Details letter. I/We* also confirm that I/we* will/will not* be attending the meeting on **Wednesday 9 October at 6.30pm** in the theatre in The Cripps Hall.

Student: _____ Form: _____

Signed: _____ Parent/Guardian
(*Delete as necessary)

Changes of Details: Emergency Contacts: _____

Medical: _____

Dietary _____

Please only inform us if information has changed since completion of original form.