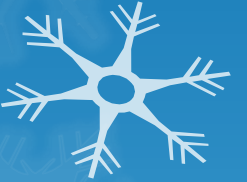


Northampton School *for Boys*
Ski Trip To Folgaria (Italy)
Friday 10th to Saturday 18th February 2023

Welcome!



Introductions

Staff on the trip:

Mr Elder

Mr Burton

Miss Lindsay-White

Mrs Hollobon

Mr McAteer

Mr Bradbury (PE)

Mr Hewitt

Mr Bevan

Mr Parker

Mr Winfield

All experienced staff.

Why Select School Travel?

- We used to use SKIPLAN as our tour operator.
- The staff who worked at SKIPLAN now work for SST. We know them personally and they are an excellent team of people who know their business well.



Hotel al Lago and Romanda

<https://en.hotel-al-lago.com/inverno>

<https://www.hotelromanda.net/>



Ski Center Lavarone



Skiarea Folgaria F



Folgaria

- There are gentle, open nursery slopes and other suitable areas for beginners, further up the mountain.
- There are a number of challenging runs for the intermediate and advanced skier.
- Our hotel has excellent facilities, including, ski boot room, dining room, restaurant and communal rooms so we can get all the pupils together.
- We have the services of a SST rep when in the resort.
- Rooming allocation we will do before we leave.



Travel Itinerary

● Friday 10th Feb

Depart NSB
15:30

Travelling by coach/ferry.

● Saturday 11th Feb

Arrive approx. 15:00

Ski fit + resort
orientation.

● Sunday/Thursday

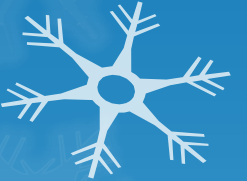
Ski days.

● Friday 17th Feb

Ski then depart after
late lunch.

● Saturday 18th Feb

Arrive NSB 15:00.



Typical Ski Day

- 07:30 Up, dressed and breakfast.
- 08:30-16:30 On coach to the mountain. Ski Lessons.
- 12:30 Packed Lunch on slopes.
- 16:30-18:30 Return to Hotels, shower, rest.
- 18:30-22:00 Meal and evening activity.
- 22:00 Bedtime.

Kit List

- Ski suit/jacket/salopettes/trousers.
- Three pairs of ski socks, several changes of underwear.
- A warm fleece.
- HOODIE - ONE IS INCLUDED IN THE PRICE
- WE ALL WEAR IT TO TRAVEL THERE AND BACK!
- Several t-shirts, long and short sleeved.
- Apres ski wear. Jeans etc
- Wash bag and toiletries. Nightwear/ Towels.
- Sun block and lip salve.
- Good quality sunglasses or ski goggles.
- Warm hat and ski gloves.
- One pair of outdoor trainers and one pair of indoor shoes.
- Drink bottle and some bin liners.
- Expensive items are taken **at your own risk.**

Ski Kit

- Ski equipment included in the price are skis, poles, ski boots and helmets – compulsory!!!
- The jacket and trousers/salopettes must be made for skiing.
- What you need on the slopes:
LAYERS! Under ski jacket and trousers, you need leggings (If sun not out), long sleeved T-shirt, fleece/sweatshirt, ski gloves, sun cream and sunglasses/goggles.
- Where to get it.
Xscape, Milton Keynes.
TK Maxx
Bestbuys, Wellingborough.
Decathlon is fantastic – Rushden Lakes.



Risk Assessment

- Each stage of the trip has been thoroughly risk assessed. From the coach to resort, on the slopes, après ski and the return.
- However, skiing is a medium risk activity.
- Equivalent to 6 days of PE lessons.
- Contingency plans will be discussed.
- Our RA will be signed off by our visit advisor.

Points Of Good Practice

- Travel groups and buddy system.
- Pocket money. £60 approx.
- The contact in this country will be available 24 hrs a day to both parents and staff on the trip. Emergency use only.
- On the trip risk assessment will be on-going.
- Pupils to be made aware of emergency plans.
- Information cards.
- Medical/Dietary issues.
- If your son may need medication (other than paracetamol/ibuprofen) on the trip, please pack some with a letter authorising us to administer it.
- Location of staff rooms.



- Pupils' names will be on their doors.
- Contingency fund.
- Parents made aware of destination details, and how to contact their child in case of emergency.



Code Of Conduct

- All pupils must show courtesy and respect to all members of staff, ski instructors, and other adults at all times. They must also behave in a sensible manner.
- Normal school rules apply. In particular due to the nature of the trip it is imperative that pupils follow instructions first time given.
- Pupils must wear seatbelts when on the coach.
- Under no circumstances should pupils ski unsupervised.
- Under no circumstances are pupils allowed to leave the hotel unsupervised.
- All pupils must wear a watch and adhere strictly to any meeting times.
- Pupils must carry their Information card with them at all times.
- Pupils must be responsible for their own safety and that of their buddy, and ensure that they never go anywhere alone.
- Senior students – no alcohol or smoking!




Administration

- To come on the trip you need the following things:
- EHIC is valid but only until the expiry date
- You must apply for a GHIC (Global Health Insurance Card)
- It is free so beware sites which charge you
- Google GHIC and follow the .gov or NHS website links
- Obviously a valid passport which has a date of expiry longer than 3 months from date of the day we plan to leave
- If fully vaccinated: A covid pass, NHS app on phone with QR code
- If unvaccinated you must adhere to the guidelines which are at present:
- A negative PCR test result, taken within 72 hours or an antigen test result, taken within 48 hours pre-departure
- Ski Info Sheet, EHIC/GHIC and passport copy, and passport photo x2 for admin and ski pass.
- Payment!
- Deadline is end of term 2 in December 2022.




Summary of things you need to give me in September!

1. A completed Pupil Ski Information Sheet.
2. A copy of your child's EHIC/GHIC card.
3. A copy of your child's passport. (On the same bit of paper. Or a picture of both emailed to me at jelder@nsb.northants.sch.uk)
4. 2 Passport photos for admin/ski pass.
5. Proof of covid pass. Screenshot emailed to me at jelder@nsb.northants.sch.uk (Note: the 2D barcode has an expiry date but updates automatically) I suggest you do this in September.



Northampton School <i>for Boys</i>	Ski Trip	Pupil Information Sheet
Please complete the following details accurately.		
Personal Details - name must be <u>exactly</u> as passport		
Forename	Middle Name(s)	Surname
Date of Birth	Age at Date of Travel	Yr Group at Travel
Height (cm's)	Weight (kg)	Shoe Size (UK)
Head Circumference (cm)	Nickname on Hoodie	Hoodie Size
Full Postal Address		
Please advise of any medical/behavioural considerations: <i>(use reverse as necessary)</i>		
.....		
Please advise of any special dietary requirements: <i>(use reverse as necessary)</i>		
.....		
Ski Experience. <i>tick as appropriate</i>	None skier, no experience of any kind previously A = beginner, may have had an introduction at snowzone etc B = lower intermediate, skied for 1 or 2 weeks previously C = upper intermediate, can control speed + link turns on red runs D = advanced, confident getting down any marked piste in resort	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Ski Equipment. <i>tick as appropriate</i>	Will your son/daughter be bringing any of the following items of equipment? Ski Boots <input type="checkbox"/> Helmet <input type="checkbox"/> Skis <input type="checkbox"/> Poles <input type="checkbox"/>	
Details of Parent/Guardian		
Surname		Forename
Email address <i>(important information will be sent via email)</i>		
Emergency Contact Details for duration of trip:		
Name	Home number
Relationship	Work number
	Mobile number
Alternate Contact as appropriate	Name
	Number
<i>I believe the above details to be correct. I agree that if my child requires urgent medical treatment during the trip and it is not possible to contact either parent/guardian*, then the teacher in charge of the party is authorised to give consent on my/our* behalf for treatment as necessary. I also give my permission for teachers to administer Ibuprofen / Paracetamol as appropriate. (*Delete as necessary)</i>		
Signature of Parent/Guardian		Date:



Final Information

- We will write to you after Christmas confirming the travel arrangements. Specifically information relating to the day of departure, and destination details.
- NB: The travel company insist that students take one soft holdall type bag - No hard suitcases!

First Time Skier Taster Sessions at SnoZone MK

- Completely optional
- Useful so boys get used to the kit and sliding and stopping
- Cost £35 approx
- Normal cost would be £53
- Previously it has run as follows:
- 30 boys wanted to take this opportunity
- 2 groups of 15,
- 2 dates in Dec
- Each session 18:00 – 20:00
- Leave 16:15 – Return 21:00
- School minibus
- If interested – scan QR code in the atrium on way out
- Obviously I need a certain amount of boys who want to go to make this opportunity viable
- Mr Bradbury will then organise in September

Any Questions?

From pupils as well as parents!

I will email you this presentation for reference.

If you want to see me about something, I will be around at the end. Please contact me at school if something occurs to you later.

jelder@nsb.northants.sch.uk

