Y12 Residential Trip to Swanage Final Departure Details 21-25 October 2019

Location:

The Swanage Centre Harrow Drive Swanage Dorset BH19 1PE 01929 424421

Emergency School Contact:

Mr M Kneeshaw, Deputy Headmaster – School Hours 01604 230240 Out of school hours: 07743 670781 Please only telephone in an emergency or if a member of staff needs to be contacted Immediately. Do not use for journey times.

Outward Journey:

Depart NSB on Monday 21 October students to be here from 06:30hrs to leave at 07:00hrs. Arrive at Centre at 12:00hrs (approx.)

Students must be dropped off opposite the school site and make their way down to the swimming pool car park. **Do not** drive down to the car park, as it will be very busy with 5 coaches and 200+ students in attendance. The first meal will be on Monday evening at the Centre in Swanage so students will require money for the comfort stop at a Service Station or alternatively they can bring a packed lunch if you prefer. No hot food is to be taken on any of the coaches.

Return Journey:

Depart from Centre Friday 25 October at 13:00-13:30hrs – Lunch before departure Arrive back at NSB at 19:00-19:30hrs (approx.)

The students will be advised to text you ETA's closer to arrival as it is dependent on the Friday evening traffic. Again, we ask that you wait for your child off the school site and do not drive down; they will walk up the access road once they have collected their luggage from the coaches.

Activities

Activities for each group vary, but each group will do a range of activities from the following during the course of the week: -

Coasteering, Large Paddle-Boarding, Sea Kayaking, Raft Building, Archery, Bush Craft, Team Building, Ten Pin Bowling, Water Park.

Only one large holdall style bag per student, plus a small rucksack type bag to take on board the coach is permitted. If students bring valuable items like iPads, mobile phones etc. then they will be responsible for their safety at all times.

Kit List for Y12 Swanage Trip 2019

- Bedding is provided
- Wet suits are provided
- Towel for Wet activities
- Towel for Showering
- Towel to take to the waterpark
- Underwear
- Swim Wear ONE-PIECE SWIM WEAR FOR GIRLS PLEASE NO BIKINIS.
- Hoodies/Fleeces/Warm Clothes
- T-Shirts /Tops
- Tracksuit bottoms/Shorts /Casual NO Jeans for actives
- Old Trainers for all the water based activities (NOT Crocs or wet suit boots) without you will not be able to participate they will get wet
- Trainers for day activities and for sporting activities in the evening
- Running Kit for those who are in the BTEC Rugby group or first team players There will be an option for others to join in the early morning run too.
- Walking Boots Optional If you don't want to participate in the evening Team sports there is an option to go for an evening hike.
- o Waterproof Trousers and Waterproof Top Essential
- Warm Jackets
- Toiletries
- Woolly Hat/Sun Hat
- Casual clothing for the Ten Pin Bowling evening
- Sun cream!
- o Medication Labelled Full Name Form Group Number
- o Plastic refillable drinks bottle
- Rucksack for daily use
- Money for Service Station stops, vending machines and snack shop at the Centre
- Snacks in bag if a fussy eater.



Northampton School for Boys - Y12 Swanage School Trip Behaviour Contract - Monday 21 - Friday 25 October

In order to ensure a safe and successful Sixth Form trip for all, we expect participants to behave in an acceptable and responsible manner. Students are representing themselves and Northampton School for *Boys* and expectations will be the same as they are in school in relation to behaviour.

Appropriate consequences for failing to adhere to the Behaviour Contract will be decided by the Trip Leader. This may include, for example, an early curfew or being taken off activities. In extreme cases of inappropriate behaviour, the Trip Leader will contact home and request that their child be collected with immediate effect.

Travel:

- Be considerate to those around you and make sure that noise is not of a level that would distract the driver.
- **No** speakers on the coaches.
- Wear your seatbelt at all times; do not stand up or move around the coach while travelling unless to go to the toilet.
- On a comfort break make sure you adhere to times given to return. Do not bring hot food back onto the coach.

Harrow House and Social activities:

- Attend all activities, unless medically excused. You will not be able to remain in your room on your own, so report to your group leader.
- **Do not** enter other students' rooms during your stay and remain in your room after a set time each evening (normally 10:30pm).
- Only you have a key code for your room, don't give this to other rooms.
- Attend all meals; this residential is physically demanding and you will need energy to get the most out of the trip.
- **Mobile phones** should only be used in your rooms and after 9:00pm in the Common Room areas. Do not take them to activities as they are water based.
- No loud music in rooms remember it is an international school and there are students boarding there whist we are present.
- Be punctual at all times.

General:

- Be sensible, courteous and respectful at all times.
- Do not use foul or abusive language.
- Be responsible for your own belongings and respectful of other people's belongings.
- Social media should only be used with permission of students/adults in the photo or video.
- Should there be an incident, you are not to post anything on social media or text others.
- Carry out all instructions from NSB Staff, Harrow House Staff, Coach Drivers and Land and Wave instructors promptly and without fuss.

Year 12 Swanage Trip – Mon 21 to Fri 25 October 2019	
We have read and agree to abide by all the conditions outlined in the above Behaviour Contract. We understand that failure to abide to the rules set out could result in early collection from the Swanage Trip by parents.	
Student name:	Form:
Student signature:	
Parent/Guardian signature:	Date:

This form is to be returned to your **Form Tutor** by **Friday 11 October at the very latest.**

REPLY SLIP TO BE RETURNED TO FORM TUTOR BY FRIDAY 11 OCTOBER AT THE LATEST.

%

Medication

Students taking any medication should inform relevant members of staff on their coach. If your medical info says you have or have suffered from asthma and you have stated that you use and inhaler, you must have your inhaler with you when on activity. If you **do not** have it with you, or have left it at home in Northampton, you will not be allowed to take part in the activities. If you have had asthma but no longer use an inhaler this should have be stated on your medical form. If you require an epipen then please make sure you have both with you and that they are in date!

Kit List Guidance – This is provided on a separate sheet – attached.

See attached information sheet.

Money

Service Station stops, vending machines and snack shop at the Centre.

Behaviour Contract

Please sign and return the Behaviour Contract enclosed by Friday 11 October at the very latest.

Outstanding balances

Please note all outstanding balances <u>must</u> be settled before departure. Please contact the Finance Office if you are unsure of your balance.

Remember – this is an **ACTIVITY week**. You will get wet, dirty and cold. Get stuck in, have fun, make new friends and memories.

Mrs T O'Neill Y12 Residential Educational Coordinator