

Kit List Norfolk Lakes



Sleeping Bag

Pillow and Pillowcase

- Underwear – enough for each day plus spares (please note, for many activities socks will need to cover ankles).

Pyjamas

- Trousers/tracksuit bottoms (not jeans).

- Trainers for activities in the day.

- Trainers/shoes for water sports activities.

- Trainers/shoes for evening.

- T-Shirts (1 long sleeved).

- Waterproof jacket/Kagool (and trousers if you have them).

- Warm Jacket.

- Fleece/Jumpers/Sweatshirts.

- 1 or 2 sets of clothes for evening

- 2 Towels (1 for showering and 1 for activities).

- Plastic drinks bottle.

- Small rucksack/bag

- Black bin bags, named, for dirty clothing.

- Wash bag (shower gel, shampoo, toothpaste & toothbrush, hairbrush/comb)

- Swimwear

- Watch/Alarm Clock (One per room)

- Torch/Batteries

