

NSB – Y7 Opening Sessions and Trials

All interested students are welcome to attend the opening sessions and trials listed below:

Thursday 4th Sep	Football – East Wing 3.35 – 5.00pm on the AWP Meet at the outdoor changing rooms in the sports hall car park Wear PE kit, shin pads and appropriate footwear (no metal studs) Mr Melling & Mr Carey	After School
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Saturday 6th Sep	Rugby 11:15 – 12:45pm Meet at NSB Wear appropriate rugby kit, moulded studs and a gum shield Mr Hammond	After School
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Monday 8th Sep	Football – West Wing 3.35 – 5.00pm on the AWP Meet at the outdoor changing rooms in the sports hall car park Wear PE kit, shin pads and appropriate footwear (no metal studs) Mr Melling & Mr Carey	After School
	Cross Country 3:35 – 5.00pm on the grass. Meet at the large outdoor changing rooms (near tennis courts) Kit -Trainers, PE t-shirt and shorts. Mr Taplin	After School

Tuesday 9th Sep	Basketball – East Wing 3.35 – 5.15pm at the Sports Hall Meet at the sports hall – indoor changing areas School PE kit and <u>indoor trainers</u> Mr Burton	After School
	Football – Final trial 3.35 – 5.00pm on the AWP Meet at the outdoor changing rooms in the sports hall car park Wear PE kit, shin pads and appropriate footwear (no metal studs) Mr Melling & Mr Carey	After School

East wing basketball players that are required at the final football trial should attend the West wing basketball trial on Thursday 11th September

Wednesday 10th Sep	Water Polo – East wing	After School
	3.35 – 5.00pm in the pool You must be able to swim at least 100m unaided + without stopping. Wear appropriate swimming kit, you DO NOT need goggles/swim cap.	
RUGBY – NO TRAINING MOND?	Mr Lane	

Cross Country	Lunch time
3:35 – 4.045pm on the grass. Meet and change at old gym changing rooms Kit -Trainers, PE t-shirt and shorts. Mr Taplin	

Thursday 11th Sep	Basketball – West Wing	After School
	3.35 – 5.15pm at the Sports Hall Meet at the sports hall – indoor changing areas School PE kit and <u>indoor trainers</u>	
	Mr Burton	

Friday 12th Sep	Water Polo – West wing	After School
	3.35 – 5.00pm in the pool You must be able to swim at least 100m unaided + without stopping. Wear appropriate swimming kit, you DO NOT need goggles/swim cap.	
	Mr Lane	

If you are unable to attend any of the above – Do Not Panic
Come to the PE office at any time, speak to the teacher in charge,
explain the situation and we will work something out to support you.