



YR 6 + 7 RUGBY CAMP DAY SATURDAY 7/6/25

**OPEN TO BOYS
PLACED AT NSB
AGED 10-12
CURRENT SCHOOL
YRS 6-7)**



£25 PER PLAYER

(INC RUGBY CAMP T SHIRT)

YEAR 7 TO PAY THROUGH PARENT PAY

YEAR 6 TO REGISTER ON FORM AND PAYMENT THROUGH BACS

COURSE INFORMATION

THE COURSE IS AN EXCITING OPPORTUNITY FOR ALL YOUNG RUGBY PLAYERS REGARDLESS OF PREVIOUS EXPERIENCE TO DEVELOP THEIR CORE SKILLS AND GAME PLAY.

IT WILL INVOLVE SOME FUN BASED SESSIONS FOCUSING ON HANDLING, EVASION, THE TACKLE AREA, KICKING AND CONTINUITY.

EACH PLAYER WILL ALSO BE GIVEN HIGH QUALITY COACHING AND INDIVIDUAL FEEDBACK ON HOW TO IMPROVE THEIR GAME.

COACHING IS LED BY NORTHAMPTON SCHOOL FOR BOYS COACHES ALONG WITH THE NSB SENIOR RUGBY PLAYERS WHO WILL BE ALSO TRAVELLING ON TOUR.



[HTTPS://FORMS.OFFICE.COM/E/T2UXHZNI4X](https://forms.office.com/E/T2UXHZNI4X)

PLEASE CONTACT PHIL BEAUMONT FOR MORE INFO
PBEAUMONT@NSBTRUST.SCHOOL 01604 230240

DAY STRUCTURE

9:30 ARRIVE/REGISTRATION

10:00 WARM UP

10:15 SESSION 1

11:15 REFRESHMENTS

11:30 SESSION 2

12:30 LUNCH

**(PUPILS TO BRING THEIR OWN
LUNCH)**

1:15 SESSION 3

2:15 REFRESHMENTS

2:30 SESSION 4

3:30 CLOSE