

NSB – Y7 Opening Sessions and Trials

Any interested student is welcome to attend the opening sessions listed below:

Wednesday 6th Sep	Basketball – West Wing	After School
3.35 – 5.15pm in the sports hall Meet at the sports hall car park School PE kit and <u>indoor trainers</u> Mr Elder + Mr Burton		

Thursday 7th Sep	Football – East Wing	After School
3.35 – 5.00pm on the AWP Meet at the outdoor changing rooms in the sports hall car park Wear PE kit, shin pads and appropriate footwear (no metal studs) Mr Melling		

Friday 8th Sep	Football – West Wing	After School
3.35 – 5.00pm on the AWP Meet at the outdoor changing rooms at the sports hall park Wear PE kit, shin pads and appropriate footwear (no metal studs) Mr Melling		

Friday 8th Sep	Basketball – East Wing	After School
3.35 – 5.15pm at the Sports Hall Meet at the sports hall – indoor changing areas School PE kit and <u>indoor trainers</u> Mr Elder		

Monday 11th Sep	Water Polo – East wing	After School
3.35 – 5.00pm in the pool You must be able to swim at least 100m unaided + without stopping. Wear appropriate swimming kit, you DO NOT need goggles/swim cap. Mr Lane		

Monday 11th Sep	Rugby	After School
3.35 – 5.00pm Meet at the outdoor changing rooms at the sports hall Wear appropriate rugby kit, moulded studs and a gum shield Mr Hewitt		

Tuesday 12th Sep

Water Polo – West wing

After School

3.35 – 5.00pm in the pool

You must be able to swim at least 100m unaided + without stopping.

Wear appropriate swimming kit, you DO NOT need goggles/swim cap.

Mr Lane

Wednesday 13th Sep Rugby

After School

3.35 – 5.00pm

Meet at the outdoor changing rooms at the sports hall

Wear appropriate rugby kit, moulded studs and a gum shield

Mr Hewitt

Monday 11th Sep

Cross Country

3:35 – 5.15pm on the grass.

Meet and change at the NS changing rooms or

Kit -Trainers, PE t-shirt and shorts.

Mr Taplin

If you are unable to attend any of the above – Do Not Panic

Come to PE at anytime, speak to the teacher in charge,
explain the situation and we will work something out to support you.