

Year 12

Bournemouth 2023

Name	
Group Number	
Group Leader	
Coach Number	
Room	
Evening Activity	

**Monday 16th October 2023 : meet at swimming pool car park
7:00**

**Parents / Carers must not come down to the car park as the
coaches will be parked down there.**

***Do not forget to put food, money medication and drinks bottles in
your ruck sack to carry onto the coach. This needs to be with you
for the journey.**

**Suitcase/large holdall/duffle bag will be packed in the coach
luggage and will not be accessible at the services.**

Kit List

- Lots of warm clothes – sweatshirts / hoodies for the day activities
- T-shirts
- Tracksuit bottoms / leggings
- Shorts
- **Waterproof – Must have at least a waterproof jacket** – if you have waterproof bottoms pack them as well.
- Casual wear for evening activities
- Jeans – but only for evening wear **not** for activities in the day
- Swim Kit – **No Bikinis** – Especially for Splash Down
- Wooley Hat / Gloves – will be needed after coming off the water.
- Towels – **at least 2** – Activity Towel – Shower Towel
- Trainers- wet shoes -plimsols – That you don't mind getting wet x2.
- Trainers
- Sliders – you can wear these around the hotel but **not** out for day or evening activities
- Wash Kit
- Underwear
- Sleepwear – PJ'S
- Hair drier - *Straighteners I would prefer you leave them at home – but if you bring them, please think about where you rest them to cool – Turn off when you leave your room.
- Day Rucksack – needed for packed lunches (if bringing) for carrying your water bottle every day and spare clothes if on wet activities.
- Water Bottle
- Snacks
- Money – For snacks – service stations – evening cafes
- Chargers
- **No Speakers please** – earphones/headphones are fine
- **Any valuables are your responsibility.**
- Black Bin Bag – for your wet clothes to be taken home in.
- Packed lunch for journey down
- Please label clothing – as all your clothes look very similar.

Timings of the day

You will need to organise yourselves; we will not be making morning wake up calls

Breakfast 07:00 – 8:30 – You can eat in either the Prezi or the Restaurant

Morning Meeting with Group **08:45** – coaches will leave at **09:00**

Remember correct Kit – **Water bottle**, snacks – Collect packed lunch

- water jugs can be found next to the restaurant – if you prefer not to fill your water bottle from the taps in your room – Water in the room is suitable for drinking but you may struggle to fit your bottle in the sink to refill it.

Dinner Times 17:30 – 19:00

Alternate Sky Blue & Orange for location – your colours wristband will indicate where you are eating, either the Prezi or the restaurant – It will alternate each evening

Evening Meeting with groups @ **18:45** – Coach departs for evening activities **19:00**

A - Rock reef / Bowling / Splashdown / Disco

B - Splashdown / Rock reef / Bowling / Disco

C - Bowling / Splashdown / Rock Reef / Disco

- Remember your money as Rock reef has a snack bar, as does the Bowling Alley
- On splashdown night you will be able to go to KFC or McDonalds (only on this evening) You must make sure you are finished in time to **meet at the coach 21:50** for coach departure @ **22:00** – do not be late – no hot food to be taken on the coach.

Final Day – Cases / Bag Packed / **Rooms Cleaned before** you have breakfast.

Bring cases / bags to the meeting room, then go to breakfast!

Hand key card to reception

Meeting with group **09:30** coaches depart at **10:00** – Remember money for services.

Important Information

- This is a school trip – **Alcohol is not permitted** – Your Parents /Carers will be told to collect you if you bring this with you.
- **Smoking or Vaping is not permitted** – Again in breach of this you will again be asked to be collected.
- Please meet each other in the common areas these will become apparent once we are there – But you are not permitted to go in and out of each other's rooms.

Once staff have roomed checked at 23.00, please do not leave your room unless an emergency.

- You are responsible for your Hotel Key Card – Do not lose it – putting it behind your phone will cause the code to be erased and you will need to get it re-coded at reception.
- **Breakfast** – You will need to get yourselves up – **07:00 – 08:30** it will be served in the restaurant or the Prezi – You choose where you want eat breakfast - Remember to fill your water bottles up at breakfast as the packed lunch does not come with a drink.
- Make sure you make your way to the Ballroom meeting point on time. Sit in your Groups. Be on time!
- **Evening Dinner** – You have a **wristband** – This will tell you whether you're eating in the Restaurant or the Prezi – This will alternate each evening, but both are self-serve – Students with Dietary requirement you will have a lanyard and will be directed on where the Hotel would like you to dine.
- Packed Lunch – These are premade up – Sandwich – Flapjack bar – packet of crisps - chocolate bar – piece of fruit – You collect one each morning on the way to the Coaches
 - **If you are a fussy eater then make sure you bring snacks with you.**

- **Must Go** – Even if you do not want to do the activity you must go out with your group to support, you can not stay in your room. If you are ill, you need to report to your group leader and then to Mrs O’Neill.
- **Medication** – Make sure you have packed this – Please take inhalers / EpiPens out to the activities with you.
- If you need some advice or not feeling well during the night, please go to Mrs O’Neill room which is next to reception by the main entrance and will be marked.
- **Day One – Monday, your first meal will be in the evening so bring with you a packed lunch, makes sure it is in your ruck sack as you get on the coach – or money for services but this will be an early stop – You will probably do both – Breakfast services – Lunch - Packed Lunch**
- Water Bottle / Ruck sack for the day
- **NO NUTS PLEASE** – we have students that have nut allergies – please no nut snacks
- **NO SPEAKERS ON THE COACH OR AT THE HOTEL**
- If you are unable to go – If you are ill the morning of departure, please telephone the **emergency number. Please only use these numbers for an emergency.**
 - Mr Kneeshaw 07968530221
 - Mr Armstrong 07968373231

Activity Information

You will need lots of warm old clothes – old trainers that will get wet

Clothes for the evening – Towels – Money and Plenty of snacks

<p>Rock Reef https://rockreef.co.uk/ *Evening activity</p>	<p>Tracksuit bottoms Long sleeved top Trainers Water bottle</p>
<p>Bowling https://www.hollywoodbowl.co.uk/poole-tower-park *Evening activity</p>	<p>Casual Clothes Money for drinks in the Bowling Alley – No opportunity to leave the bowling alley for food – Although you can buy snack here it is expensive</p>
<p>Splash Down https://www.splashdownwaterparks.co.uk/poole/ *Evening activity</p>	<p>Swimming wear – no bikinis Towel Money for KFC or MCD's after swimming</p>
<p>Water Activities SUP / Jumbo / Raft Building / Coasteering / Team Building</p>	<p>Swimwear for under the Wetsuit (provided) Old trainers that will get wet Towel Warm clothes for afterwards – Dry Trainers / footwear / Hairbrush Water Bottle Packed Lunch /Snacks</p>
<p>Bush Craft & Corfe Castle</p>	<p>You will be out all day, so warm clothes – maybe waterproof – look at the weather. In the woods making fires – it will be smokey, so not your best clothes. Water Bottle – Packed Lunch – Snacks Money – you will be visiting Corfe Castle</p>
<p>Team Games</p>	<p>Trainers -Hoodie if you are the group doing on the beach – day activity</p>
<p>Silent Disco</p>	<p>It's a silent school Disco in a Hotel not a nightclub so think about your outfit choices.</p>

Daytime Group Activity Programme

Monday

Monday 16th Oct	Afternoon
1	Team Building/Mini O's/Pioneering/Beach Games
2	Team Building/Mini O's/Pioneering/Beach Games
3	Team Building/Mini O's/Pioneering/Beach Games
4	Team Building/Mini O's/Pioneering/Beach Games
5	Team Building/Mini O's/Pioneering/Beach Games
6	Team Building/Mini O's/Pioneering/Beach Games
7	Team Building/Mini O's/Pioneering/Beach Games
8	Beach Games/Pioneering/Team Building/Mini O's
9	Beach Games/Pioneering/Team Building/Mini O's
10	Beach Games/Pioneering/Team Building/Mini O's
11	Beach Games/Pioneering/Team Building/Mini O's
12	Beach Games/Pioneering/Team Building/Mini O's
13	Beach Games/Pioneering/Team Building/Mini O's
14	Mini O's/Pioneering/Beach games/Team Building
15	Mini O's/Pioneering/Beach games/Team Building
16	Mini O's/Pioneering/Beach games/Team Building
17	Mini O's/Pioneering/Beach games/Team Building
18	Mini O's/Pioneering/Beach games/Team Building

Tuesday

Tuesday 17th Oct	Morning
1	Day @ the lakes
2	Day @ the lakes
3	Day @ the lakes
4	Day @ the lakes
5	Day @ the lakes
6	Day @ the lakes
7	Day @ the lakes
8	Day @ the Beach
9	Day @ the Beach
10	Day @ the Beach
11	Day @ the Beach
12	Day @ the Beach
13	Day @ the Beach
14	Corfe Castle Excursion
15	Corfe Castle Excursion
16	Corfe Castle Excursion
17	Corfe Castle Excursion
18	Corfe Castle Excursion

Tuesday 17th Oct	Afternoon
1	Day @ the lakes
2	Day @ the lakes
3	Day @ the lakes
4	Day @ the lakes
5	Day @ the lakes
6	Day @ the lakes
7	Day @ the lakes
8	Day @ the Beach
9	Day @ the Beach
10	Day @ the Beach
11	Day @ the Beach
12	Day @ the Beach
13	Day @ the Beach
14	Bushcraft
15	Bushcraft
16	Bushcraft
17	Bushcraft
18	Bushcraft

Wednesday

Wednesday 18th Oct	Morning
1	Bushcraft
2	Bushcraft
3	Bushcraft
4	Bushcraft
5	Bushcraft
6	Bushcraft
7	Bushcraft
8	Day @ the Lakes
9	Day @ the Lakes
10	Day @ the Lakes
11	Day @ the Lakes
12	Day @ the Lakes
13	Day @ the Lakes
14	Day @ the Beach
15	Day @ the Beach
16	Day @ the Beach
17	Day @ the Beach
18	Day @ the Beach

Wednesday 18th Oct	Afternoon
1	Corfe Castle Excursion
2	Corfe Castle Excursion
3	Corfe Castle Excursion
4	Corfe Castle Excursion
5	Corfe Castle Excursion
6	Corfe Castle Excursion
7	Corfe Castle Excursion
8	Day @ the Lakes
9	Day @ the Lakes
10	Day @ the Lakes
11	Day @ the Lakes
12	Day @ the Lakes
13	Day @ the Lakes
14	Day @ the Beach
15	Day @ the Beach
16	Day @ the Beach
17	Day @ the Beach
18	Day @ the Beach

Thursday

Thursday 19th Oct	Morning
1	Day @ the Beach
2	Day @ the Beach
3	Day @ the Beach
4	Day @ the Beach
5	Day @ the Beach
6	Day @ the Beach
7	Day @ the Beach
8	Bushcraft
9	Bushcraft
10	Bushcraft
11	Bushcraft
12	Bushcraft
13	Bushcraft
14	Day @ the Lakes
15	Day @ the Lakes
16	Day @ the Lakes
17	Day @ the Lakes
18	Day @ the Lakes

Thursday 19th Oct	Afternoon
1	Day @ the Beach
2	Day @ the Beach
3	Day @ the Beach
4	Day @ the Beach
5	Day @ the Beach
6	Day @ the Beach
7	Day @ the Beach
8	Corfe Castle Excursion
9	Corfe Castle Excursion
10	Corfe Castle Excursion
11	Corfe Castle Excursion
12	Corfe Castle Excursion
13	Corfe Castle Excursion
14	Day @ the Lakes
15	Day @ the Lakes
16	Day @ the Lakes
17	Day @ the Lakes
18	Day @ the Lakes

Evening Activities

Monday

Monday 16th Oct	Evening
1	Rock Reef
2	Rock Reef
3	Rock Reef
4	Rock Reef
5	Rock Reef
6	Rock Reef
7	Rock Reef
8	Splashdown
9	Splashdown
10	Splashdown
11	Splashdown
12	Splashdown
13	Splashdown
14	Bowling
15	Bowling
16	Bowling
17	Bowling
18	Bowling

Tuesday

Tuesday 17th Oct	Evening
1	Bowling
2	Bowling
3	Bowling
4	Bowling
5	Bowling
6	Bowling
7	Bowling
8	Rock Reef
9	Rock Reef
10	Rock Reef
11	Rock Reef
12	Rock Reef
13	Rock Reef
14	Splashdown
15	Splashdown
16	Splashdown
17	Splashdown
18	Splashdown

Wednesday

Wednesday 18th Oct	Evening
1	Splashdown
2	Splashdown
3	Splashdown
4	Splashdown
5	Splashdown
6	Splashdown
7	Splashdown
8	Bowling
9	Bowling
10	Bowling
11	Bowling
12	Bowling
13	Bowling
14	Rock Reef
15	Rock Reef
16	Rock Reef
17	Rock Reef
18	Rock Reef

Thursday

Thursday 19th Oct	Evening
1	Silent Disco
2	Silent Disco
3	Silent Disco
4	Silent Disco
5	Silent Disco
6	Silent Disco
7	Silent Disco
8	Silent Disco
9	Silent Disco
10	Silent Disco
11	Silent Disco
12	Silent Disco
13	Silent Disco
14	Silent Disco
15	Silent Disco
16	Silent Disco
17	Silent Disco
18	Silent Disco

Friday

Pack bags

Clean room

Take bags to meeting room

Go to breakfast

Meet at 9:30

Coach departs 10:00