

BTEC LEVEL 3 EXTENDED DIPLOMA IN SPORT – RUGBY / BASKETBALL / NETBALL - SPECIFIC

Exam Board: Edexcel



Where do I start from?

This course is the equivalent to studying three A Levels. A minimum Grade 4 is required in at least 4 GCSE subjects to study this course. In addition, a minimum of a Grade 4 is required in either GCSE English Language or English Literature and a GCSE Grade 4 in Maths. This course has practical units which will be tailored for delivery through basketball, netball and rugby. Students must, at the point of application, meet the minimum of the performance level thresholds outlined below in their main sport:

Basketball – National League Level or above

Netball – Roses Academy or
NSL League Pathway (Netball Super League)

Rugby – selection for a Professional Academy Programme at the following level:

Player Development Group (PDG) Boys

Talent Development Group (TDG) Girls

Please note that there is a short additional form to complete regarding evidence of your playing standard if you wish to apply for this BTEC course. This can be found in the Document Library (piece of paper icon on the left-hand side) on the AIM system where you will make your application. Please complete and upload this to your application.

What will I study?

The following units will be studied:

Anatomy & Physiology

Fitness Training & Programming for Health, Sport & Well-being

Professional Development in the Sports Industry

Sports Leadership

Application of Fitness Testing

Practical Sports Performance

Coaching for Performance

Research Methods in Sport

Development and provision of sport and physical activity

Skill Acquisition in sport

Sport Event Organisation

Sport Performance Analysis

Rules, Regulations & Officiating in Sport

Technical & Tactical Demands of Sport

How will I be assessed?

Most units are assessed internally. Students could be given opportunities to:

- Write up the findings of their own research.
- Present on independent research.
- Lead practical sessions.
- Use case studies to explore complex or unfamiliar situations.
- Conduct projects for which they have choice over the direction and outcomes.

There are also externally examined units.

How will I study?

Lessons will vary in style using workshops, presentation and investigative techniques. Practical sessions will focus on technical and tactical skills, leadership and coaching, fitness training and developing your performance.

You will be put into study groups and will be expected to meet once a week to complete a variety of tasks to prepare for lessons, group work or assessments.

It is imperative that students use their own time profitably. For each hour of lesson time, you should be spending at least 1-1½ hours working on your own.

Where can this qualification take me?

The qualification carries UCAS points and is recognised by higher education providers as meeting, or contributing to, admission requirements for many relevant courses. Students can progress to higher education on full degree single or combined courses, for example:

- BA (Hons) in Sports Development and Management
- BSc(Hons) in Sports Management
- BSc (Hons) Sports Business Management
- BSc (Hons) Sport and Leisure Management
- BSc (Hons) Sports Science (Outdoor Activities)
- BSc (Hons) in Exercise, Health and Fitness
- BSc (Hons) in Sport and Exercise Psychology

Students should always check the entry requirements for degree programmes with the specific higher education providers.

Please contact Mr Burton or Mr Beaumont at the school if you have any questions