

MLE/TDY

24th January 2017

Dear Parent/Guardian

Re: Club La Santa Trip – October 2018

I am delighted to announce that we will be organising a residential trip to Club La Santa in Lanzarote in October 2018. The dates of the trip will be Thursday 11th to Thursday 18th October inclusive.

This trip will only be offered to students who are in Y13 from September 2018; therefore, if there is any doubt about student intentions to stay on at school then please give this serious consideration.

We have been visiting Club La Santa as a school since 2000 with over 400 students making the most of this opportunity since our first visit and all have had an enjoyable and richly rewarding time.

The trip offers a truly fantastic experience for those students who are genuinely interested in fitness and sport. Club La Santa is an elite performer training resort where healthy lifestyle and fitness are at the forefront of its concept.

The added bonus is that it is situated on the north coast of the beautiful Canary Island of Lanzarote (sunshine all year round) and it is used by many of the world's leading sports personnel. International athletes, Formula 1 teams, world champions, triathletes, renowned cyclists are all frequent visitors as the climate and facilities are so good.

We would like to take this opportunity to extend an invitation to your son/daughter to take part in the 2018 residential. The trip holds real educational benefits and pupils return to the UK with a distinct positive outlook on health, fitness and training.

These are some comments from last year's group:

- “This trip has been one of the standout moments of my time at NSB”
- “Club La Santa has made me rethink my lifestyle in the UK so that I'm more active and healthy”
- “Life changing experience. I learned so much about being fit and healthy and it taught me so much about myself”
- “The trip gave us a detailed insight on personal fitness and training”
- “A fantastic time with spectacular weather and facilities”

We are looking to put together a group of 18 students and 3 members of staff to secure a place for 2018. Staff members will be made up of two male specialist PE teachers plus Chair of Governors, Mr Peter Bason. The staffing supervision is based on experience and expertise in the activities involved, e.g. Off-road biking, aquathlon, triathlon and strength & conditioning training.

We have taken girls every year for as long as I can remember and there are many female instructors and staff at the centre but parents are made aware that we will not be taking a female member of staff in our travelling group. That said, there are many full time female staff at the centre we can call upon if the need arose. The complex is self contained and students will be roomed in same sex apartments for 3 people. If you have any further questions regarding this then please do not hesitate to contact me at school.

Having visited Club La Santa so many times we are well known to all the staff and enjoy personal friendships with the management and medical team. The facilities on-site include three 50m International Outdoor Olympic Swimming Pools, state of the art fitness centre, tennis courts, huge leisure pool, soccer pitches, aerobics lawn, wind-surfing lagoon, athletics track, squash courts, cycling tracks and a host of others.

There are 4 restaurants, a supermarket, games room and plenty of live entertainment – the club is enormously popular and is invariably at full capacity. Its popularity is endorsed by recent expansion that brings the capacity to 2000.

I have to admit that some events on the programme are very challenging but also extremely rewarding. More details of the programme will be issued at our first parental meeting.

The trip is priced at **£905** per person and this includes flights, accommodation, insurance, transfers, half-board (breakfast and evening meal) and a sports pass which entitles the bearer to free use of the sports and leisure facilities. If a student is withdrawn from the trip for medical reasons, then a doctor/hospital letter will be required, otherwise you will be liable for the cost of the trip in full. If a student withdraws from the trip after committing to it, then you will also be liable for the full cost unless a replacement can be found.

There will also be a need to stage vital fund raising activities in addition to support the trip. The entire complex has had a full upgrade in recent months and this has led to significant price increases. However, this remains the stand-out residential experience for sports and fitness minded students in my entire teaching career. The trip changes the way the students think about themselves in terms of fitness, diet, health and well-being.

Each student will be respectfully asked to raise **£120** in sponsorship by completing an Aquathon – this has been very successful in the past. We will also put on a Fun Quiz Evening for parents, friends and family during the year to help with costs.

On the subject of sponsorship, if any individual or company would like to get behind this fantastic opportunity, I would be very glad to hear from you. You can contact me at school or email me on mlee@nsb.northants.sch.uk.

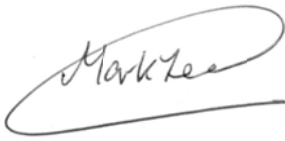
We are asking for deposits of **£305 (non-refundable)** to secure a place. A payment plan will be put in place staging the payments over the months running up to September. All monies must be in and accounted for by **Friday 14th September 2018**. Any student with an outstanding balance after this date will not be allowed to travel.

It is also essential that students are members of NSB in Year 13 so a two year commitment to the school is a pre-requisite. If your son/daughter has a genuine interest in the trip you can gather more information from www.clublasanta.com.

We need to assemble the travelling group as soon as possible, so to guarantee a place for October 2018 please return the attached reply slip to the Finance Office with a non-refundable deposit of **£305**. Cheques are to be made payable to NSB with name, form and 'Club La Santa Lanzarote 2018' on the reverse. After the initial deposit has been paid, further payments can be made via Parent Pay using the school website.

This has always been a very popular residential and I encourage a prompt response if you would like your son/daughter to take part.

Yours faithfully



Mark Lee
Club La Santa Trip Leader

REPLY SLIP: TO FINANCE OFFICE

I/We* am/are* interested in our son/daughter* going on the Club La Santa trip in October 2018 and would like to reserve a place (18 places available). I/We* am/are* also aware that the cost of the trip is **£905** which is to be paid in full by **Friday 14th September 2018** and that I/We* am/are* committed to the costs in full.

I enclose a non refundable deposit of £305.

Student Name Form:

Signature (Parent/Guardian)