

Northampton Boys School Bronze Assessed Expedition 2019

Dear Parent / Guardian

I hope you are all well. I am pleased to provide you with the details of the Practice expedition.

All boys have received full training in line with The Duke of Edinburgh's Award training framework. The first day of the practice expedition is also spent training students to ensure they are ready for their assessment expedition in September.

Please see the **below link** to refresh the boy's memory on what equipment they will need for the expedition as well as information on food and how to pack a rucksack. Please ensure all bags are lined and sleeping bags are kept dry. Dry sacks can be brought or students can use strong Black Bags Garden rubble sacks. Boys must have **Waterproof footwear** that are not trainers or 'fashion' boots such as timberlands. They must be specific to walking. They must also have a **waterproof Jackets and waterproof trousers not showerproof or sports training tops. Without both waterproofs you will not be walking.**

bxmexpeditions.co.uk – This link will give more information on kit required and how to pack a rucksack – remember **only roll mats** on the outside. Students must also leave room for part of the tents and the stove, which the groups will be given at the car prior to setting off on the Saturday.

Items students tend to forget,

Sun cream

Small first Aid Kit.

Compass – Two per group

Sun Hat/cap

Fleece Hat as the evening can get cold in the tents – Heat is lost from the head!!

Water Bottles – 2 litres in total – Best if in 2 litre bottles to balance the rucksack – no cheap water bottles as these do not last the duration of the expedition.

Waterproof matches – No lighters as these split and can be damaged.

Roll Mat

Dry Bags or alternative to this refuse sacks or Garden sacks as these are more durable – All kit needs to be in one of these as the rucksacks are not waterproof – this includes your sleeping bag. Nobody wants to sleep in a soggy wet bag.

Mess Tins – student need one each in order to cook their evening meal in.

Torch – Head torch preferable

Tooth Brush

Washing up kit – Washing up liquid or brillo pads

Work as a team you do not need seven toothpastes or seven washing up bottles etc.

You are only going for one-night do not pack the kitchen sink!

Assessed 21st-22nd September 2019

Parents are to drop students off at the designated start points. Students should have their bags packed and be ready to walk.

Groups 1 – 4

Start Point: Emberton Country Park. Olney MK46 5FJ GR885502

Time 9:30am. (Tell the gate you are dropping off Duke of Ed boys)

Finish Point: Grendon Quarter Pond car park, Grendon NN7 1JB GR 865 601

Time 15:00 approximately.

Group 5 - 9

Start Point: Grendon Quarter Pond car park, Grendon NN7 1JB GR 865 601

Time 9:30am.

Finish Point: Emberton Country Park. Olney MK46 5FJ GR885502

Time 15:00 approximately. (Tell gate that you are picking up Duke of Ed boys)

We also ask that parents do not arrive any earlier than **15:00** for collection of their son, unless BXM staff inform them groups have finished early and have contacted them.

Given the nature of D of E expeditions, sometimes groups can arrive later and all groups need to have a debrief and hand kit in before departing. Therefore, you may have to wait a little while.

I am in Group _____

My start Point on Saturday 21st is _____

My collection Point on Sunday 22nd is _____

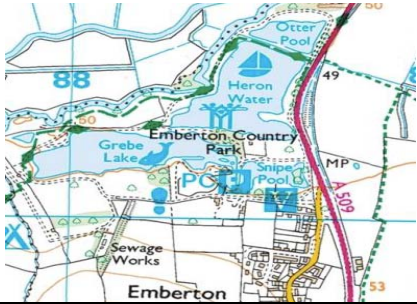


Emergency Contact Numbers for the weekend

BXM 0800 433 2963

Mr M Kneeshaw: 07968 530221

Mr C Armstrong: 0796837323

Assessed 21st-22nd September 2019

<p>Start point Groups 1-4</p>	<p>Emberton Country Park. Olney MK46 5FJ GR885502</p> 
<p>Finish point Groups 5-9</p>	
<p>Camp one:</p>	<p>Home Farm, MK46 4HN GR 897 539</p> 
<p>Start point Groups 5-9</p>	<p>Grendon Quarter Pond car park, Grendon. NN7 1JB GR 865 601</p> 
<p>Finish point Groups 1-4</p>	

REPLY SLIP TO MRS J Rutherford please return By Thursday 19th September

Name of Student: _____ **Form:** _____

I/We* Have received the letter regarding the September Bronze Expedition and wish my son to take part. Having read the information Sheet, I/we agree to him taking part in the activities described.

Signature of Parent/Guardian: _____ **Date:** _____

Please provide additional information for emergency contact numbers or Medical information, if there has been any changes since the last medical form for Duke of Ed was completed.

Emergency Contact

Medical Information

